

Metompkin Inlet, VA - Jun 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:18	3.1	8:43	4.5	2:22	0.1	2:02	0.0	5:42	8:19	
2	Sun	9:01	3.1	9:25	4.5	3:04	0.1	2:42	0.1	5:41	8:19	
3	Mon	9:43	3.0	10:07	4.4	3:43	0.2	3:22	0.1	5:41	8:20	
4	Tue	10:25	3.0	10:49	4.3	4:23	0.3	4:03	0.2	5:41	8:20	
5	Wed	11:07	3.0	11:32	4.2	5:03	0.5	4:45	0.4	5:40	8:21	
6	Thu	11:50	3.0			5:45	0.6	5:28	0.6	5:40	8:22	
7	Fri	12:14	4.0	12:34	3.0	6:28	0.8	6:15	0.7	5:40	8:22	
8	Sat	12:58	3.9	1:20	3.0	7:11	0.8	7:05	0.9	5:40	8:23	
9	Sun	1:42	3.7	2:10	3.0	7:55	0.9	7:58	1.0	5:40	8:23	
10	Mon	2:29	3.6	3:03	3.2	8:39	0.8	8:54	1.0	5:40	8:24	
11	Tue	3:20	3.4	3:57	3.5	9:23	0.7	9:51	1.0	5:40	8:24	
12	Wed	4:13	3.4	4:51	3.8	10:09	0.6	10:50	0.8	5:40	8:24	
13	Thu	5:07	3.3	5:42	4.2	10:57	0.4	11:49	0.6	5:40	8:25	
14	Fri	6:00	3.3	6:33	4.6	11:47	0.2			5:40	8:25	
15	Sat	6:52	3.4	7:24	4.9	12:46	0.3	12:38	0.0	5:40	8:26	
16	Sun	7:44	3.4	8:16	5.1	1:41	0.0	1:30	-0.3	5:40	8:26	
17	Mon	8:37	3.5	9:09	5.3	2:34	-0.2	2:22	-0.5	5:40	8:26	
18	Tue	9:31	3.5	10:03	5.3	3:26	-0.3	3:15	-0.6	5:40	8:27	
19	Wed	10:25	3.6	10:57	5.2	4:18	-0.4	4:09	-0.6	5:41	8:27	
20	Thu	11:19	3.6	11:50	5.0	5:11	-0.3	5:05	-0.5	5:41	8:27	
21	Fri			12:15	3.6	6:05	-0.3	6:04	-0.3	5:41	8:27	
22	Sat	12:43	4.7	1:12	3.6	6:59	-0.2	7:06	-0.1	5:41	8:27	
23	Sun	1:37	4.3	2:12	3.6	7:52	-0.1	8:10	0.2	5:42	8:28	
24	Mon	2:33	3.9	3:15	3.7	8:45	0.0	9:16	0.4	5:42	8:28	
25	Tue	3:32	3.5	4:18	3.8	9:36	0.1	10:22	0.5	5:42	8:28	
26	Wed	4:31	3.2	5:16	3.9	10:26	0.2	11:28	0.6	5:43	8:28	
27	Thu	5:28	3.0	6:09	4.1	11:16	0.2			5:43	8:28	
28	Fri	6:21	2.9	6:56	4.2	12:29	0.5	12:05	0.3	5:43	8:28	
29	Sat	7:09	2.9	7:40	4.2	1:22	0.5	12:52	0.3	5:44	8:28	
30	Sun	7:53	2.9	8:23	4.3	2:07	0.4	1:37	0.2	5:44	8:28	