

Metompkin Inlet, VA - Jul 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:36	2.9	9:05	4.3	2:46	0.4	2:19	0.2	5:45	8:28	
2	Tue	9:19	3.0	9:47	4.3	3:24	0.4	3:00	0.2	5:45	8:27	
3	Wed	10:01	3.1	10:28	4.3	4:00	0.5	3:41	0.2	5:46	8:27	
4	Thu	10:42	3.1	11:08	4.2	4:37	0.5	4:21	0.3	5:46	8:27	
5	Fri	11:24	3.2	11:47	4.1	5:15	0.6	5:03	0.5	5:47	8:27	
6	Sat			12:06	3.2	5:53	0.6	5:47	0.6	5:47	8:27	
7	Sun	12:25	4.0	12:48	3.3	6:32	0.7	6:34	0.8	5:48	8:26	
8	Mon	1:05	3.8	1:33	3.4	7:11	0.7	7:25	0.9	5:49	8:26	
9	Tue	1:47	3.6	2:21	3.5	7:53	0.7	8:19	1.0	5:49	8:26	
10	Wed	2:34	3.4	3:14	3.8	8:37	0.6	9:17	1.0	5:50	8:25	
11	Thu	3:28	3.2	4:11	4.0	9:25	0.5	10:18	0.9	5:51	8:25	
12	Fri	4:27	3.2	5:09	4.3	10:17	0.4	11:21	0.7	5:51	8:24	
13	Sat	5:27	3.2	6:07	4.6	11:13	0.2			5:52	8:24	
14	Sun	6:25	3.2	7:03	4.9	12:23	0.4	12:12	-0.1	5:53	8:23	
15	Mon	7:22	3.4	7:59	5.2	1:22	0.2	1:10	-0.4	5:53	8:23	
16	Tue	8:18	3.5	8:54	5.3	2:17	-0.1	2:06	-0.6	5:54	8:22	
17	Wed	9:13	3.7	9:48	5.3	3:10	-0.3	3:01	-0.8	5:55	8:22	
18	Thu	10:08	3.8	10:40	5.2	4:00	-0.4	3:56	-0.8	5:56	8:21	
19	Fri	11:02	3.9	11:31	4.9	4:50	-0.5	4:51	-0.7	5:56	8:21	
20	Sat	11:56	4.0			5:39	-0.4	5:49	-0.4	5:57	8:20	
21	Sun	12:21	4.6	12:50	4.0	6:28	-0.3	6:48	-0.1	5:58	8:19	
22	Mon	1:11	4.1	1:45	4.0	7:18	-0.1	7:50	0.2	5:59	8:18	
23	Tue	2:02	3.6	2:43	4.0	8:08	0.1	8:53	0.5	5:59	8:18	
24	Wed	2:57	3.2	3:43	3.9	8:58	0.3	9:58	0.7	6:00	8:17	
25	Thu	3:57	2.9	4:45	3.9	9:50	0.4	11:05	0.9	6:01	8:16	
26	Fri	4:58	2.8	5:43	4.0	10:43	0.5			6:02	8:15	
27	Sat	5:54	2.7	6:34	4.0	12:09	0.9	11:36 AM	0.6	6:03	8:14	
28	Sun	6:45	2.8	7:21	4.1	1:04	0.8	12:28	0.5	6:03	8:14	
29	Mon	7:30	2.9	8:04	4.2	1:48	0.8	1:15	0.4	6:04	8:13	
30	Tue	8:13	3.0	8:45	4.3	2:25	0.7	1:59	0.3	6:05	8:12	
31	Wed	8:55	3.2	9:25	4.4	2:59	0.6	2:40	0.3	6:06	8:11	