

Metompkin Inlet, VA - Nov 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:48	4.9			5:00	0.2	6:05	0.5	7:28	6:03	
2	Sat	12:07	3.4	12:41	4.8	5:53	0.3	7:03	0.6	7:29	6:02	
3	Sun	1:03	3.2	12:40	4.6	5:53	0.4	7:05	0.7	6:30	5:01	
4	Mon	1:06	3.1	1:44	4.4	6:59	0.5	8:07	0.6	6:31	5:00	
5	Tue	2:16	3.2	2:51	4.2	8:08	0.5	9:07	0.5	6:32	4:59	
6	Wed	3:26	3.4	3:55	4.1	9:17	0.5	10:03	0.3	6:33	4:58	
7	Thu	4:30	3.8	4:53	4.0	10:24	0.3	10:54	0.1	6:34	4:57	
8	Fri	5:25	4.2	5:45	3.9	11:26	0.1	11:41	-0.1	6:36	4:56	
9	Sat	6:15	4.5	6:33	3.8			12:22	-0.1	6:37	4:55	
10	Sun	7:01	4.7	7:19	3.7	12:26	-0.2	1:13	-0.2	6:38	4:54	
11	Mon	7:45	4.8	8:03	3.6	1:08	-0.3	2:00	-0.2	6:39	4:53	
12	Tue	8:29	4.8	8:47	3.4	1:50	-0.3	2:44	-0.1	6:40	4:52	
13	Wed	9:13	4.7	9:30	3.3	2:30	-0.1	3:28	0.1	6:41	4:52	
14	Thu	9:57	4.6	10:13	3.1	3:12	0.0	4:12	0.4	6:42	4:51	
15	Fri	10:41	4.3	10:58	3.0	3:54	0.3	4:59	0.6	6:43	4:50	
16	Sat	11:27	4.1	11:44	2.9	4:40	0.5	5:47	0.9	6:44	4:50	
17	Sun			12:15	3.9	5:29	0.7	6:37	1.0	6:45	4:49	
18	Mon	12:35	2.8	1:06	3.7	6:22	0.9	7:27	1.1	6:46	4:48	
19	Tue	1:31	2.8	2:00	3.6	7:19	1.1	8:15	1.1	6:47	4:48	
20	Wed	2:30	2.9	2:54	3.5	8:16	1.1	9:01	1.0	6:48	4:47	
21	Thu	3:27	3.1	3:46	3.5	9:13	1.1	9:45	0.8	6:49	4:47	
22	Fri	4:19	3.5	4:35	3.5	10:09	0.9	10:28	0.6	6:50	4:46	
23	Sat	5:06	3.8	5:21	3.5	11:03	0.7	11:10	0.4	6:51	4:46	
24	Sun	5:50	4.2	6:06	3.5	11:54	0.5	11:54	0.2	6:52	4:45	
25	Mon	6:34	4.5	6:51	3.5			12:43	0.2	6:53	4:45	
26	Tue	7:19	4.8	7:36	3.5	12:37	-0.1	1:30	0.0	6:54	4:45	
27	Wed	8:05	5.0	8:23	3.5	1:22	-0.3	2:18	-0.1	6:55	4:44	
28	Thu	8:54	5.1	9:12	3.5	2:08	-0.4	3:07	-0.1	6:56	4:44	
29	Fri	9:44	5.1	10:03	3.4	2:56	-0.4	3:58	-0.1	6:57	4:44	
30	Sat	10:36	4.9	10:56	3.3	3:47	-0.4	4:52	0.0	6:58	4:44	