

Metompkin Inlet, VA - Mar 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:34	4.0	12:53	2.8	6:52	0.1	6:50	0.0	6:32	5:56	
2	Sun	1:32	3.7	1:50	2.5	7:55	0.4	7:47	0.2	6:30	5:57	
3	Mon	2:37	3.5	2:55	2.4	9:03	0.7	8:48	0.4	6:29	5:58	
4	Tue	3:49	3.4	4:04	2.4	10:15	0.8	9:51	0.4	6:28	5:59	
5	Wed	4:56	3.4	5:04	2.5	11:18	0.8	10:52	0.3	6:26	6:00	
6	Thu	5:49	3.5	5:52	2.7			12:06	0.7	6:25	6:01	
7	Fri	6:31	3.6	6:35	2.9			12:42	0.5	6:23	6:02	
8	Sat	7:09	3.7	7:15	3.2	12:29	0.0	1:13	0.4	6:22	6:03	
9	Sun	8:45	3.8	8:53	3.4	1:10	-0.1	2:43	0.2	7:20	7:04	
10	Mon	9:21	3.8	9:31	3.7	2:48	-0.2	3:14	0.1	7:19	7:05	
11	Tue	9:56	3.8	10:09	3.8	3:26	-0.2	3:45	0.1	7:17	7:06	
12	Wed	10:32	3.7	10:46	3.9	4:04	-0.2	4:17	0.1	7:16	7:07	
13	Thu	11:07	3.5	11:24	4.0	4:43	0.0	4:51	0.2	7:14	7:08	
14	Fri	11:44	3.4			5:25	0.1	5:27	0.3	7:13	7:09	
15	Sat	12:03	4.0	12:23	3.2	6:10	0.3	6:08	0.4	7:11	7:10	
16	Sun	12:47	4.0	1:06	3.0	7:00	0.5	6:56	0.4	7:10	7:11	
17	Mon	1:38	3.9	1:57	2.8	7:57	0.7	7:52	0.5	7:08	7:11	
18	Tue	2:39	3.9	3:00	2.7	9:00	0.7	8:55	0.4	7:07	7:12	
19	Wed	3:47	3.9	4:10	2.8	10:05	0.7	10:03	0.2	7:05	7:13	
20	Thu	4:57	4.0	5:19	3.0	11:10	0.5	11:10	-0.1	7:04	7:14	
21	Fri	6:00	4.2	6:21	3.4			12:10	0.2	7:02	7:15	
22	Sat	6:57	4.4	7:17	3.8	12:15	-0.4	1:04	-0.2	7:01	7:16	
23	Sun	7:50	4.5	8:10	4.2	1:15	-0.8	1:52	-0.5	6:59	7:17	
24	Mon	8:40	4.5	9:01	4.5	2:11	-1.0	2:38	-0.8	6:58	7:18	
25	Tue	9:28	4.3	9:50	4.7	3:04	-1.1	3:22	-0.9	6:56	7:19	
26	Wed	10:16	4.1	10:38	4.8	3:55	-1.1	4:05	-0.8	6:55	7:20	
27	Thu	11:02	3.8	11:26	4.7	4:46	-0.9	4:50	-0.7	6:53	7:21	
28	Fri	11:48	3.5			5:37	-0.5	5:36	-0.4	6:52	7:22	
29	Sat	12:14	4.4	12:36	3.1	6:31	-0.1	6:25	0.0	6:50	7:23	
30	Sun	1:04	4.1	1:25	2.8	7:27	0.3	7:18	0.3	6:49	7:23	
31	Mon	1:59	3.8	2:20	2.6	8:26	0.6	8:16	0.6	6:47	7:24	