

Metompkin Inlet, VA - Jul 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:22	3.0	5:01	3.9	10:10	0.7	11:07	1.0	5:45	8:28	
2	Wed	5:16	3.0	5:53	4.1	10:59	0.6			5:45	8:27	
3	Thu	6:09	3.0	6:44	4.4	12:04	0.8	11:51 AM	0.4	5:46	8:27	
4	Fri	7:00	3.1	7:34	4.7	12:58	0.6	12:44	0.2	5:46	8:27	
5	Sat	7:51	3.3	8:24	4.9	1:50	0.3	1:36	-0.1	5:47	8:27	
6	Sun	8:42	3.4	9:15	5.1	2:40	0.1	2:27	-0.3	5:47	8:27	
7	Mon	9:33	3.5	10:05	5.2	3:28	-0.1	3:18	-0.5	5:48	8:26	
8	Tue	10:25	3.7	10:55	5.1	4:16	-0.2	4:10	-0.5	5:48	8:26	
9	Wed	11:17	3.8	11:45	4.9	5:05	-0.3	5:05	-0.4	5:49	8:26	
10	Thu			12:10	3.9	5:54	-0.3	6:02	-0.3	5:50	8:25	
11	Fri	12:34	4.6	1:05	4.0	6:43	-0.3	7:02	0.0	5:50	8:25	
12	Sat	1:25	4.2	2:02	4.1	7:34	-0.2	8:06	0.2	5:51	8:25	
13	Sun	2:20	3.7	3:02	4.1	8:25	-0.1	9:11	0.4	5:52	8:24	
14	Mon	3:18	3.3	4:05	4.2	9:18	0.0	10:18	0.5	5:52	8:24	
15	Tue	4:20	3.0	5:08	4.2	10:12	0.1	11:27	0.6	5:53	8:23	
16	Wed	5:22	2.9	6:07	4.3	11:08	0.2			5:54	8:23	
17	Thu	6:20	2.8	7:01	4.3	12:31	0.5	12:05	0.2	5:55	8:22	
18	Fri	7:13	2.9	7:50	4.4	1:28	0.5	12:58	0.1	5:55	8:21	
19	Sat	8:01	3.0	8:35	4.4	2:15	0.4	1:47	0.1	5:56	8:21	
20	Sun	8:46	3.1	9:18	4.4	2:56	0.4	2:32	0.0	5:57	8:20	
21	Mon	9:29	3.2	9:59	4.4	3:33	0.4	3:15	0.0	5:58	8:19	
22	Tue	10:11	3.3	10:38	4.3	4:09	0.4	3:56	0.1	5:58	8:19	
23	Wed	10:52	3.4	11:16	4.2	4:44	0.4	4:37	0.3	5:59	8:18	
24	Thu	11:33	3.4	11:53	4.0	5:19	0.5	5:19	0.5	6:00	8:17	
25	Fri			12:14	3.5	5:54	0.6	6:03	0.7	6:01	8:16	
26	Sat	12:31	3.7	12:56	3.6	6:31	0.7	6:49	0.9	6:02	8:15	
27	Sun	1:10	3.5	1:40	3.6	7:09	0.8	7:40	1.1	6:02	8:15	
28	Mon	1:53	3.3	2:28	3.7	7:50	0.8	8:33	1.2	6:03	8:14	
29	Tue	2:41	3.1	3:22	3.8	8:36	0.9	9:31	1.2	6:04	8:13	
30	Wed	3:36	2.9	4:21	4.0	9:26	0.8	10:31	1.2	6:05	8:12	
31	Thu	4:36	2.9	5:20	4.2	10:22	0.7	11:33	1.0	6:06	8:11	