

Metompkin Inlet, VA - Aug 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:36	3.0	6:17	4.5	11:20	0.5			6:07	8:10	
2	Sat	6:33	3.2	7:12	4.8	12:32	0.7	12:19	0.2	6:07	8:09	
3	Sun	7:27	3.4	8:04	5.1	1:27	0.4	1:16	-0.2	6:08	8:08	
4	Mon	8:21	3.7	8:55	5.2	2:17	0.1	2:11	-0.5	6:09	8:07	
5	Tue	9:14	4.0	9:46	5.2	3:05	-0.2	3:04	-0.7	6:10	8:06	
6	Wed	10:06	4.2	10:35	5.1	3:52	-0.4	3:57	-0.7	6:11	8:05	
7	Thu	10:58	4.4	11:23	4.8	4:38	-0.5	4:51	-0.6	6:12	8:04	
8	Fri	11:49	4.5			5:24	-0.5	5:47	-0.4	6:13	8:02	
9	Sat	12:12	4.4	12:42	4.5	6:12	-0.4	6:46	0.0	6:13	8:01	
10	Sun	1:01	4.0	1:37	4.4	7:02	-0.2	7:49	0.3	6:14	8:00	
11	Mon	1:54	3.5	2:36	4.3	7:54	0.1	8:54	0.6	6:15	7:59	
12	Tue	2:53	3.1	3:41	4.2	8:50	0.3	10:03	0.8	6:16	7:58	
13	Wed	3:57	2.9	4:49	4.1	9:48	0.4	11:14	0.9	6:17	7:57	
14	Thu	5:05	2.8	5:53	4.1	10:49	0.5			6:18	7:55	
15	Fri	6:06	2.8	6:49	4.2	12:20	0.9	11:49 AM	0.5	6:19	7:54	
16	Sat	6:58	3.0	7:36	4.2	1:14	0.8	12:44	0.4	6:19	7:53	
17	Sun	7:43	3.1	8:17	4.3	1:57	0.7	1:32	0.3	6:20	7:51	
18	Mon	8:25	3.3	8:55	4.3	2:32	0.6	2:15	0.2	6:21	7:50	
19	Tue	9:05	3.5	9:32	4.3	3:04	0.5	2:55	0.2	6:22	7:49	
20	Wed	9:44	3.7	10:08	4.3	3:35	0.5	3:33	0.2	6:23	7:47	
21	Thu	10:23	3.8	10:44	4.1	4:06	0.5	4:12	0.3	6:24	7:46	
22	Fri	11:01	3.9	11:20	4.0	4:38	0.5	4:52	0.5	6:25	7:45	
23	Sat	11:39	4.0	11:56	3.7	5:11	0.6	5:33	0.7	6:25	7:43	
24	Sun			12:18	4.0	5:46	0.7	6:17	0.9	6:26	7:42	
25	Mon	12:33	3.5	1:00	4.0	6:23	0.9	7:06	1.1	6:27	7:41	
26	Tue	1:14	3.3	1:47	4.0	7:06	1.0	8:00	1.3	6:28	7:39	
27	Wed	2:01	3.1	2:43	4.0	7:55	1.0	8:59	1.4	6:29	7:38	
28	Thu	2:59	3.0	3:46	4.1	8:51	1.0	10:02	1.3	6:30	7:36	
29	Fri	4:05	3.0	4:52	4.3	9:53	0.8	11:06	1.1	6:30	7:35	
30	Sat	5:10	3.1	5:53	4.6	10:57	0.6			6:31	7:33	
31	Sun	6:11	3.4	6:50	4.9	12:07	0.8	12:00	0.2	6:32	7:32	