

Metompkin Inlet, VA - Mar 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:06	4.0	6:17	3.2			12:10	0.4	6:32	5:56	
2	Tue	6:51	4.2	7:04	3.6	12:09	-0.2	12:53	0.0	6:31	5:57	
3	Wed	7:35	4.3	7:50	3.9	12:58	-0.5	1:34	-0.3	6:30	5:58	
4	Thu	8:19	4.4	8:36	4.2	1:46	-0.8	2:15	-0.5	6:28	5:59	
5	Fri	9:03	4.3	9:23	4.5	2:34	-0.9	2:56	-0.7	6:27	6:00	
6	Sat	9:48	4.2	10:10	4.6	3:23	-0.9	3:39	-0.7	6:25	6:01	
7	Sun	10:33	3.9	10:59	4.6	4:14	-0.7	4:25	-0.6	6:24	6:02	
8	Mon	11:21	3.6	11:52	4.4	5:08	-0.5	5:14	-0.5	6:22	6:02	
9	Tue			12:13	3.2	6:07	-0.2	6:08	-0.3	6:21	6:03	
10	Wed	12:49	4.2	1:11	2.9	7:10	0.1	7:09	-0.1	6:20	6:04	
11	Thu	1:55	4.0	2:17	2.7	8:17	0.3	8:14	0.0	6:18	6:05	
12	Fri	3:07	3.8	3:30	2.7	9:27	0.4	9:22	0.0	6:17	6:06	
13	Sat	4:21	3.8	4:41	2.8	10:36	0.4	10:30	-0.1	6:15	6:07	
14	Sun	6:24	3.8	6:40	3.0			12:35	0.2	7:14	7:08	
15	Mon	7:17	3.9	7:30	3.3	12:33	-0.2	1:23	0.1	7:12	7:09	
16	Tue	8:01	3.9	8:14	3.6	1:27	-0.4	2:04	-0.1	7:11	7:10	
17	Wed	8:42	3.9	8:55	3.8	2:14	-0.5	2:39	-0.2	7:09	7:11	
18	Thu	9:20	3.8	9:34	3.9	2:56	-0.5	3:13	-0.2	7:08	7:12	
19	Fri	9:57	3.7	10:12	4.0	3:36	-0.4	3:47	-0.2	7:06	7:13	
20	Sat	10:34	3.5	10:51	4.0	4:15	-0.3	4:20	-0.1	7:05	7:14	
21	Sun	11:12	3.4	11:30	4.0	4:54	-0.1	4:55	0.1	7:03	7:15	
22	Mon	11:50	3.2			5:35	0.2	5:33	0.3	7:01	7:16	
23	Tue	12:10	3.8	12:29	3.0	6:18	0.5	6:13	0.5	7:00	7:17	
24	Wed	12:54	3.7	1:12	2.8	7:04	0.7	6:59	0.7	6:58	7:18	
25	Thu	1:42	3.6	2:00	2.7	7:56	1.0	7:50	0.8	6:57	7:18	
26	Fri	2:37	3.5	2:56	2.6	8:51	1.1	8:47	0.8	6:55	7:19	
27	Sat	3:39	3.5	3:59	2.7	9:48	1.1	9:47	0.7	6:54	7:20	
28	Sun	4:40	3.6	5:00	2.9	10:45	1.0	10:48	0.5	6:52	7:21	
29	Mon	5:37	3.8	5:56	3.3	11:39	0.7	11:47	0.2	6:51	7:22	
30	Tue	6:28	4.0	6:47	3.7			12:28	0.4	6:49	7:23	
31	Wed	7:16	4.1	7:35	4.1	12:43	-0.1	1:14	0.0	6:48	7:24	