

Metompkin Inlet, VA - Aug 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:31	3.9	2:11	4.4	7:35	-0.2	8:22	0.3	6:06	8:10	
2	Fri	2:28	3.5	3:14	4.3	8:30	0.0	9:28	0.5	6:07	8:09	
3	Sat	3:30	3.2	4:21	4.3	9:29	0.1	10:36	0.6	6:08	8:08	
4	Sun	4:37	3.1	5:26	4.3	10:29	0.1	11:43	0.6	6:09	8:07	
5	Mon	5:41	3.1	6:26	4.3	11:30	0.1			6:10	8:06	
6	Tue	6:39	3.1	7:18	4.4	12:44	0.5	12:29	0.0	6:11	8:05	
7	Wed	7:30	3.3	8:04	4.4	1:35	0.4	1:21	0.0	6:12	8:04	
8	Thu	8:16	3.4	8:46	4.4	2:18	0.3	2:09	-0.1	6:12	8:03	
9	Fri	9:00	3.6	9:26	4.4	2:56	0.2	2:52	-0.1	6:13	8:02	
10	Sat	9:41	3.7	10:05	4.3	3:32	0.2	3:33	0.0	6:14	8:00	
11	Sun	10:22	3.8	10:43	4.2	4:06	0.2	4:14	0.1	6:15	7:59	
12	Mon	11:02	3.9	11:21	4.0	4:41	0.3	4:54	0.3	6:16	7:58	
13	Tue	11:43	3.9			5:16	0.4	5:37	0.6	6:17	7:57	
14	Wed	12:00	3.8	12:24	3.9	5:54	0.6	6:21	0.8	6:18	7:56	
15	Thu	12:39	3.5	1:07	3.9	6:33	0.7	7:09	1.1	6:18	7:54	
16	Fri	1:21	3.3	1:55	3.8	7:16	0.9	8:00	1.3	6:19	7:53	
17	Sat	2:08	3.2	2:48	3.8	8:03	0.9	8:56	1.4	6:20	7:52	
18	Sun	3:02	3.1	3:46	3.9	8:55	1.0	9:54	1.3	6:21	7:50	
19	Mon	4:01	3.1	4:46	4.1	9:51	0.9	10:52	1.2	6:22	7:49	
20	Tue	5:02	3.2	5:43	4.3	10:49	0.7	11:49	1.0	6:23	7:48	
21	Wed	5:59	3.4	6:35	4.6	11:47	0.4			6:23	7:46	
22	Thu	6:52	3.7	7:26	4.9	12:43	0.6	12:44	0.1	6:24	7:45	
23	Fri	7:44	4.1	8:15	5.0	1:32	0.2	1:38	-0.3	6:25	7:44	
24	Sat	8:34	4.4	9:03	5.1	2:19	-0.1	2:30	-0.5	6:26	7:42	
25	Sun	9:25	4.7	9:51	5.0	3:04	-0.4	3:22	-0.7	6:27	7:41	
26	Mon	10:15	4.9	10:40	4.8	3:50	-0.6	4:14	-0.6	6:28	7:39	
27	Tue	11:06	5.0	11:28	4.5	4:36	-0.6	5:07	-0.5	6:29	7:38	
28	Wed	11:58	5.0			5:24	-0.5	6:04	-0.2	6:29	7:37	
29	Thu	12:18	4.2	12:52	4.8	6:15	-0.3	7:03	0.1	6:30	7:35	
30	Fri	1:11	3.8	1:50	4.6	7:10	-0.1	8:07	0.5	6:31	7:34	
31	Sat	2:09	3.4	2:53	4.4	8:08	0.2	9:13	0.7	6:32	7:32	