

## Metompkin Inlet, VA - Sep 2086

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 3:13  | 3.2 | 4:02  | 4.2 | 9:10  | 0.4  | 10:22 | 0.8  | 6:33                                                                                | 7:31 |    |
| 2    | Mon | 4:23  | 3.1 | 5:11  | 4.2 | 10:14 | 0.5  | 11:28 | 0.8  | 6:34                                                                                | 7:29 |    |
| 3    | Tue | 5:30  | 3.1 | 6:12  | 4.2 | 11:17 | 0.5  |       |      | 6:34                                                                                | 7:28 |    |
| 4    | Wed | 6:27  | 3.3 | 7:01  | 4.2 | 12:26 | 0.7  | 12:16 | 0.4  | 6:35                                                                                | 7:26 |    |
| 5    | Thu | 7:14  | 3.5 | 7:43  | 4.2 | 1:12  | 0.6  | 1:07  | 0.3  | 6:36                                                                                | 7:25 |    |
| 6    | Fri | 7:56  | 3.7 | 8:21  | 4.2 | 1:50  | 0.5  | 1:52  | 0.2  | 6:37                                                                                | 7:23 |    |
| 7    | Sat | 8:35  | 3.9 | 8:58  | 4.2 | 2:24  | 0.4  | 2:32  | 0.2  | 6:38                                                                                | 7:22 |    |
| 8    | Sun | 9:14  | 4.1 | 9:35  | 4.2 | 2:57  | 0.4  | 3:11  | 0.2  | 6:39                                                                                | 7:20 |    |
| 9    | Mon | 9:52  | 4.2 | 10:12 | 4.1 | 3:30  | 0.4  | 3:49  | 0.3  | 6:39                                                                                | 7:19 |    |
| 10   | Tue | 10:31 | 4.3 | 10:50 | 3.9 | 4:03  | 0.4  | 4:28  | 0.5  | 6:40                                                                                | 7:17 |    |
| 11   | Wed | 11:10 | 4.3 | 11:28 | 3.8 | 4:37  | 0.5  | 5:08  | 0.7  | 6:41                                                                                | 7:16 |    |
| 12   | Thu | 11:50 | 4.2 |       |     | 5:14  | 0.7  | 5:50  | 0.9  | 6:42                                                                                | 7:14 |   |
| 13   | Fri | 12:06 | 3.6 | 12:32 | 4.2 | 5:53  | 0.8  | 6:37  | 1.1  | 6:43                                                                                | 7:12 |  |
| 14   | Sat | 12:47 | 3.4 | 1:18  | 4.1 | 6:36  | 1.0  | 7:27  | 1.3  | 6:44                                                                                | 7:11 |  |
| 15   | Sun | 1:33  | 3.3 | 2:10  | 4.0 | 7:26  | 1.1  | 8:23  | 1.4  | 6:44                                                                                | 7:09 |  |
| 16   | Mon | 2:27  | 3.2 | 3:08  | 4.1 | 8:21  | 1.1  | 9:21  | 1.4  | 6:45                                                                                | 7:08 |  |
| 17   | Tue | 3:28  | 3.2 | 4:10  | 4.2 | 9:21  | 1.0  | 10:19 | 1.2  | 6:46                                                                                | 7:06 |  |
| 18   | Wed | 4:32  | 3.4 | 5:10  | 4.4 | 10:22 | 0.8  | 11:16 | 0.9  | 6:47                                                                                | 7:05 |  |
| 19   | Thu | 5:32  | 3.7 | 6:06  | 4.6 | 11:23 | 0.5  |       |      | 6:48                                                                                | 7:03 |  |
| 20   | Fri | 6:28  | 4.1 | 6:58  | 4.8 | 12:10 | 0.5  | 12:23 | 0.1  | 6:49                                                                                | 7:02 |  |
| 21   | Sat | 7:20  | 4.5 | 7:48  | 4.9 | 1:00  | 0.1  | 1:19  | -0.2 | 6:49                                                                                | 7:00 |  |
| 22   | Sun | 8:12  | 4.9 | 8:38  | 4.9 | 1:48  | -0.2 | 2:13  | -0.5 | 6:50                                                                                | 6:58 |  |
| 23   | Mon | 9:02  | 5.2 | 9:27  | 4.8 | 2:35  | -0.5 | 3:06  | -0.7 | 6:51                                                                                | 6:57 |  |
| 24   | Tue | 9:53  | 5.4 | 10:17 | 4.6 | 3:22  | -0.7 | 3:58  | -0.6 | 6:52                                                                                | 6:55 |  |
| 25   | Wed | 10:44 | 5.4 | 11:07 | 4.3 | 4:09  | -0.6 | 4:52  | -0.5 | 6:53                                                                                | 6:54 |  |
| 26   | Thu | 11:37 | 5.3 | 11:58 | 4.0 | 4:58  | -0.5 | 5:47  | -0.2 | 6:54                                                                                | 6:52 |  |
| 27   | Fri |       |     | 12:30 | 5.0 | 5:50  | -0.2 | 6:46  | 0.2  | 6:55                                                                                | 6:51 |  |
| 28   | Sat | 12:51 | 3.7 | 1:27  | 4.7 | 6:46  | 0.1  | 7:48  | 0.5  | 6:55                                                                                | 6:49 |  |
| 29   | Sun | 1:49  | 3.4 | 2:30  | 4.4 | 7:47  | 0.4  | 8:53  | 0.8  | 6:56                                                                                | 6:48 |  |
| 30   | Mon | 2:54  | 3.2 | 3:38  | 4.1 | 8:50  | 0.6  | 9:59  | 0.9  | 6:57                                                                                | 6:46 |  |