

## Metompkin Inlet, VA - Jan 2087

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 5:37  | 3.8 | 5:47  | 2.9 | 11:44 | 0.6  | 11:35 | 0.0  | 7:17                                                                                | 4:54 |    |
| 2    | Thu | 6:22  | 4.0 | 6:33  | 3.1 |       |      | 12:30 | 0.4  | 7:17                                                                                | 4:55 |    |
| 3    | Fri | 7:06  | 4.2 | 7:18  | 3.2 | 12:21 | -0.2 | 1:13  | 0.1  | 7:17                                                                                | 4:56 |    |
| 4    | Sat | 7:50  | 4.4 | 8:03  | 3.3 | 1:06  | -0.4 | 1:56  | -0.1 | 7:17                                                                                | 4:57 |    |
| 5    | Sun | 8:33  | 4.5 | 8:48  | 3.4 | 1:50  | -0.5 | 2:37  | -0.2 | 7:17                                                                                | 4:58 |    |
| 6    | Mon | 9:16  | 4.6 | 9:33  | 3.6 | 2:35  | -0.6 | 3:20  | -0.3 | 7:17                                                                                | 4:58 |    |
| 7    | Tue | 10:00 | 4.5 | 10:20 | 3.6 | 3:21  | -0.6 | 4:04  | -0.4 | 7:17                                                                                | 4:59 |    |
| 8    | Wed | 10:45 | 4.4 | 11:08 | 3.7 | 4:09  | -0.5 | 4:49  | -0.4 | 7:17                                                                                | 5:00 |    |
| 9    | Thu | 11:31 | 4.1 | 11:59 | 3.7 | 5:02  | -0.4 | 5:37  | -0.4 | 7:17                                                                                | 5:01 |    |
| 10   | Fri |       |     | 12:20 | 3.8 | 5:58  | -0.2 | 6:28  | -0.4 | 7:17                                                                                | 5:02 |    |
| 11   | Sat | 12:55 | 3.8 | 1:14  | 3.5 | 6:59  | -0.1 | 7:22  | -0.4 | 7:16                                                                                | 5:03 |    |
| 12   | Sun | 1:55  | 3.8 | 2:14  | 3.2 | 8:03  | 0.1  | 8:18  | -0.4 | 7:16                                                                                | 5:04 |   |
| 13   | Mon | 3:00  | 3.9 | 3:18  | 3.0 | 9:09  | 0.1  | 9:17  | -0.4 | 7:16                                                                                | 5:05 |  |
| 14   | Tue | 4:06  | 4.0 | 4:22  | 3.0 | 10:17 | 0.0  | 10:17 | -0.6 | 7:16                                                                                | 5:06 |  |
| 15   | Wed | 5:08  | 4.1 | 5:23  | 3.0 | 11:22 | -0.1 | 11:17 | -0.7 | 7:15                                                                                | 5:07 |  |
| 16   | Thu | 6:06  | 4.3 | 6:19  | 3.1 |       |      | 12:21 | -0.3 | 7:15                                                                                | 5:08 |  |
| 17   | Fri | 6:58  | 4.3 | 7:12  | 3.2 | 12:14 | -0.9 | 1:12  | -0.5 | 7:15                                                                                | 5:09 |  |
| 18   | Sat | 7:48  | 4.4 | 8:01  | 3.3 | 1:06  | -1.0 | 1:59  | -0.6 | 7:14                                                                                | 5:10 |  |
| 19   | Sun | 8:34  | 4.3 | 8:48  | 3.3 | 1:54  | -1.0 | 2:41  | -0.6 | 7:14                                                                                | 5:11 |  |
| 20   | Mon | 9:17  | 4.2 | 9:33  | 3.4 | 2:40  | -0.9 | 3:22  | -0.6 | 7:13                                                                                | 5:13 |  |
| 21   | Tue | 9:59  | 4.0 | 10:16 | 3.4 | 3:24  | -0.7 | 4:02  | -0.4 | 7:13                                                                                | 5:14 |  |
| 22   | Wed | 10:39 | 3.8 | 10:59 | 3.4 | 4:08  | -0.5 | 4:41  | -0.3 | 7:12                                                                                | 5:15 |  |
| 23   | Thu | 11:19 | 3.5 | 11:43 | 3.3 | 4:53  | -0.2 | 5:21  | -0.1 | 7:12                                                                                | 5:16 |  |
| 24   | Fri |       |     | 12:01 | 3.3 | 5:40  | 0.1  | 6:03  | 0.1  | 7:11                                                                                | 5:17 |  |
| 25   | Sat | 12:28 | 3.2 | 12:44 | 3.0 | 6:29  | 0.4  | 6:46  | 0.3  | 7:10                                                                                | 5:18 |  |
| 26   | Sun | 1:17  | 3.2 | 1:32  | 2.8 | 7:20  | 0.6  | 7:32  | 0.4  | 7:10                                                                                | 5:19 |  |
| 27   | Mon | 2:12  | 3.2 | 2:26  | 2.6 | 8:15  | 0.8  | 8:22  | 0.4  | 7:09                                                                                | 5:20 |  |
| 28   | Tue | 3:10  | 3.2 | 3:23  | 2.6 | 9:12  | 0.9  | 9:14  | 0.4  | 7:08                                                                                | 5:21 |  |
| 29   | Wed | 4:07  | 3.4 | 4:19  | 2.7 | 10:10 | 0.8  | 10:08 | 0.2  | 7:07                                                                                | 5:22 |  |
| 30   | Thu | 5:01  | 3.6 | 5:13  | 2.8 | 11:05 | 0.6  | 11:01 | 0.0  | 7:07                                                                                | 5:24 |  |
| 31   | Fri | 5:51  | 3.9 | 6:03  | 3.0 | 11:56 | 0.4  | 11:53 | -0.2 | 7:06                                                                                | 5:25 |  |