

Metompkin Inlet, VA - Jul 2088

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:19	3.1	7:50	4.2	1:27	0.6	1:08	0.3	5:45	8:28	
2	Fri	8:03	3.2	8:32	4.3	2:06	0.5	1:50	0.2	5:45	8:27	
3	Sat	8:46	3.3	9:12	4.4	2:44	0.4	2:31	0.2	5:46	8:27	
4	Sun	9:28	3.4	9:53	4.4	3:21	0.4	3:11	0.2	5:46	8:27	
5	Mon	10:10	3.4	10:32	4.4	3:58	0.3	3:51	0.2	5:47	8:27	
6	Tue	10:51	3.5	11:11	4.3	4:35	0.3	4:33	0.3	5:47	8:27	
7	Wed	11:33	3.6	11:51	4.2	5:14	0.3	5:16	0.4	5:48	8:26	
8	Thu			12:15	3.6	5:54	0.4	6:02	0.5	5:49	8:26	
9	Fri	12:31	4.1	12:59	3.7	6:36	0.4	6:52	0.6	5:49	8:26	
10	Sat	1:15	3.9	1:48	3.8	7:21	0.4	7:47	0.7	5:50	8:25	
11	Sun	2:03	3.7	2:43	4.0	8:10	0.3	8:46	0.7	5:51	8:25	
12	Mon	2:58	3.6	3:42	4.2	9:02	0.2	9:48	0.6	5:51	8:24	
13	Tue	3:59	3.5	4:43	4.4	9:57	0.1	10:52	0.5	5:52	8:24	
14	Wed	5:01	3.5	5:44	4.7	10:56	-0.1	11:55	0.2	5:53	8:23	
15	Thu	6:02	3.5	6:42	4.9	11:55	-0.4			5:53	8:23	
16	Fri	7:01	3.7	7:38	5.1	12:56	-0.1	12:54	-0.6	5:54	8:22	
17	Sat	7:58	3.8	8:33	5.2	1:52	-0.3	1:51	-0.8	5:55	8:22	
18	Sun	8:53	4.0	9:26	5.2	2:45	-0.6	2:46	-0.9	5:56	8:21	
19	Mon	9:47	4.1	10:17	5.1	3:35	-0.7	3:39	-0.9	5:56	8:21	
20	Tue	10:40	4.1	11:06	4.8	4:24	-0.7	4:32	-0.8	5:57	8:20	
21	Wed	11:32	4.1	11:54	4.5	5:12	-0.6	5:26	-0.5	5:58	8:19	
22	Thu			12:22	4.1	6:00	-0.4	6:20	-0.1	5:59	8:18	
23	Fri	12:42	4.1	1:14	3.9	6:49	-0.2	7:17	0.2	5:59	8:18	
24	Sat	1:30	3.7	2:07	3.8	7:38	0.1	8:14	0.5	6:00	8:17	
25	Sun	2:21	3.3	3:03	3.7	8:27	0.3	9:13	0.8	6:01	8:16	
26	Mon	3:16	3.1	4:01	3.7	9:17	0.5	10:13	1.0	6:02	8:15	
27	Tue	4:13	2.9	4:59	3.7	10:08	0.6	11:12	1.0	6:03	8:14	
28	Wed	5:10	2.9	5:52	3.8	10:59	0.6			6:04	8:13	
29	Thu	6:02	3.0	6:40	4.0	12:07	1.0	11:50 AM	0.6	6:04	8:13	
30	Fri	6:50	3.1	7:24	4.2	12:55	0.9	12:38	0.5	6:05	8:12	
31	Sat	7:35	3.3	8:06	4.3	1:36	0.7	1:23	0.3	6:06	8:11	