

Metompkin Inlet, VA - Jan 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:45	4.3			5:14	-0.8	5:56	-0.7	7:17	4:55	
2	Sun	12:15	3.6	12:38	3.8	6:13	-0.4	6:50	-0.5	7:17	4:55	
3	Mon	1:13	3.5	1:33	3.4	7:15	-0.1	7:44	-0.3	7:17	4:56	
4	Tue	2:15	3.4	2:31	3.1	8:18	0.1	8:37	-0.2	7:17	4:57	
5	Wed	3:19	3.4	3:31	2.9	9:23	0.3	9:31	-0.1	7:17	4:58	
6	Thu	4:19	3.4	4:28	2.7	10:27	0.4	10:23	-0.1	7:17	4:59	
7	Fri	5:12	3.6	5:19	2.7	11:25	0.3	11:12	-0.1	7:17	5:00	
8	Sat	5:59	3.7	6:06	2.8			12:14	0.3	7:17	5:01	
9	Sun	6:41	3.8	6:49	2.9			12:56	0.2	7:17	5:02	
10	Mon	7:22	3.9	7:31	3.0	12:41	-0.2	1:33	0.1	7:17	5:03	
11	Tue	8:02	4.0	8:12	3.1	1:21	-0.3	2:09	0.0	7:16	5:04	
12	Wed	8:41	4.1	8:54	3.2	2:00	-0.3	2:44	0.0	7:16	5:05	
13	Thu	9:20	4.1	9:34	3.2	2:39	-0.3	3:21	0.0	7:16	5:06	
14	Fri	9:58	4.0	10:14	3.3	3:19	-0.2	3:58	0.0	7:16	5:07	
15	Sat	10:37	3.9	10:55	3.3	3:59	-0.1	4:36	0.1	7:15	5:08	
16	Sun	11:15	3.8	11:37	3.3	4:42	0.1	5:16	0.1	7:15	5:09	
17	Mon	11:56	3.6			5:29	0.2	5:59	0.1	7:14	5:10	
18	Tue	12:23	3.4	12:40	3.4	6:20	0.3	6:46	0.1	7:14	5:11	
19	Wed	1:14	3.5	1:32	3.2	7:16	0.4	7:37	0.1	7:13	5:12	
20	Thu	2:12	3.6	2:30	3.1	8:17	0.4	8:31	-0.1	7:13	5:13	
21	Fri	3:14	3.8	3:32	3.1	9:20	0.3	9:30	-0.3	7:12	5:14	
22	Sat	4:16	4.1	4:34	3.2	10:24	0.1	10:30	-0.5	7:12	5:15	
23	Sun	5:16	4.4	5:34	3.3	11:26	-0.2	11:29	-0.9	7:11	5:16	
24	Mon	6:13	4.6	6:31	3.5			12:24	-0.6	7:11	5:17	
25	Tue	7:08	4.8	7:27	3.7	12:27	-1.2	1:18	-0.9	7:10	5:19	
26	Wed	8:02	4.9	8:21	3.9	1:22	-1.4	2:09	-1.1	7:09	5:20	
27	Thu	8:53	4.9	9:14	4.0	2:15	-1.5	2:58	-1.2	7:09	5:21	
28	Fri	9:43	4.7	10:05	4.0	3:08	-1.5	3:47	-1.2	7:08	5:22	
29	Sat	10:32	4.4	10:56	3.9	4:00	-1.3	4:35	-1.0	7:07	5:23	
30	Sun	11:20	4.0	11:48	3.8	4:54	-0.9	5:25	-0.8	7:06	5:24	
31	Mon			12:09	3.6	5:50	-0.5	6:15	-0.6	7:05	5:25	