

Metompkin Inlet, VA - Aug 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:03	3.4	4:47	4.4	9:59	0.4	10:54	0.7	6:07	8:10	
2	Tue	5:05	3.5	5:46	4.6	10:58	0.1	11:56	0.4	6:08	8:09	
3	Wed	6:05	3.6	6:43	4.9	11:58	-0.2			6:08	8:08	
4	Thu	7:02	3.8	7:38	5.2	12:54	0.1	12:56	-0.5	6:09	8:07	
5	Fri	7:58	4.1	8:32	5.3	1:49	-0.3	1:53	-0.7	6:10	8:06	
6	Sat	8:53	4.3	9:24	5.3	2:40	-0.5	2:47	-0.9	6:11	8:05	
7	Sun	9:47	4.5	10:15	5.2	3:30	-0.7	3:41	-0.9	6:12	8:04	
8	Mon	10:39	4.6	11:05	4.9	4:19	-0.8	4:35	-0.8	6:13	8:02	
9	Tue	11:32	4.5	11:55	4.6	5:08	-0.7	5:29	-0.6	6:13	8:01	
10	Wed			12:24	4.5	5:57	-0.5	6:26	-0.2	6:14	8:00	
11	Thu	12:45	4.2	1:18	4.3	6:48	-0.3	7:25	0.2	6:15	7:59	
12	Fri	1:36	3.7	2:14	4.1	7:41	0.0	8:26	0.5	6:16	7:58	
13	Sat	2:31	3.4	3:14	4.0	8:34	0.3	9:29	0.7	6:17	7:56	
14	Sun	3:31	3.1	4:18	3.9	9:30	0.4	10:33	0.9	6:18	7:55	
15	Mon	4:33	3.0	5:19	3.9	10:26	0.6	11:35	0.9	6:19	7:54	
16	Tue	5:32	3.0	6:12	4.0	11:21	0.6			6:19	7:53	
17	Wed	6:23	3.1	6:58	4.1	12:29	0.9	12:13	0.5	6:20	7:51	
18	Thu	7:08	3.3	7:39	4.2	1:13	0.8	1:00	0.4	6:21	7:50	
19	Fri	7:51	3.5	8:19	4.3	1:50	0.7	1:43	0.3	6:22	7:49	
20	Sat	8:32	3.7	8:57	4.4	2:25	0.5	2:23	0.3	6:23	7:47	
21	Sun	9:12	3.8	9:36	4.4	2:59	0.4	3:02	0.2	6:24	7:46	
22	Mon	9:52	4.0	10:14	4.4	3:33	0.4	3:42	0.3	6:25	7:45	
23	Tue	10:32	4.1	10:51	4.3	4:08	0.4	4:21	0.4	6:25	7:43	
24	Wed	11:12	4.1	11:29	4.1	4:45	0.4	5:03	0.5	6:26	7:42	
25	Thu	11:52	4.2			5:23	0.5	5:47	0.7	6:27	7:40	
26	Fri	12:09	4.0	12:35	4.2	6:03	0.6	6:36	0.8	6:28	7:39	
27	Sat	12:51	3.8	1:22	4.2	6:48	0.6	7:30	0.9	6:29	7:38	
28	Sun	1:39	3.6	2:16	4.2	7:39	0.7	8:28	1.0	6:30	7:36	
29	Mon	2:35	3.5	3:17	4.3	8:35	0.6	9:29	0.9	6:30	7:35	
30	Tue	3:38	3.4	4:21	4.5	9:35	0.5	10:32	0.8	6:31	7:33	
31	Wed	4:44	3.5	5:24	4.7	10:38	0.3	11:34	0.5	6:32	7:32	