

Metompkin Inlet, VA - Mar 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:26	3.9	8:39	3.6	1:54	-0.3	2:22	0.0	6:32	5:56	●
2	Thu	9:04	3.9	9:18	3.7	2:32	-0.3	2:56	0.0	6:31	5:57	●
3	Fri	9:41	3.8	9:57	3.8	3:10	-0.2	3:31	0.0	6:29	5:58	●
4	Sat	10:18	3.7	10:35	3.8	3:49	-0.1	4:08	0.1	6:28	5:59	●
5	Sun	10:56	3.6	11:16	3.8	4:31	0.1	4:46	0.2	6:26	6:00	◐
6	Mon	11:35	3.4	11:59	3.8	5:15	0.2	5:28	0.3	6:25	6:01	◑
7	Tue			12:19	3.2	6:04	0.4	6:15	0.3	6:23	6:02	◑
8	Wed	12:48	3.7	1:09	3.1	6:58	0.5	7:08	0.3	6:22	6:03	◑
9	Thu	1:45	3.8	2:08	3.0	7:57	0.5	8:06	0.3	6:21	6:04	◑
10	Fri	2:49	3.8	3:13	3.1	8:59	0.5	9:08	0.1	6:19	6:05	◑
11	Sat	3:53	4.0	4:17	3.3	10:02	0.3	10:12	-0.2	6:18	6:06	◑
12	Sun	5:55	4.2	6:17	3.6			12:02	0.0	7:16	7:07	◑
13	Mon	6:53	4.5	7:14	3.9	12:14	-0.5	12:59	-0.4	7:15	7:08	○
14	Tue	7:47	4.6	8:08	4.2	1:13	-0.9	1:51	-0.7	7:13	7:08	○
15	Wed	8:40	4.7	9:01	4.5	2:09	-1.2	2:40	-1.0	7:12	7:09	○
16	Thu	9:30	4.6	9:52	4.7	3:02	-1.4	3:28	-1.1	7:10	7:10	○
17	Fri	10:20	4.5	10:43	4.7	3:54	-1.3	4:15	-1.1	7:09	7:11	○
18	Sat	11:09	4.2	11:33	4.6	4:46	-1.2	5:03	-1.0	7:07	7:12	○
19	Sun	11:57	3.9			5:39	-0.9	5:52	-0.7	7:06	7:13	○
20	Mon	12:23	4.4	12:46	3.5	6:33	-0.5	6:43	-0.4	7:04	7:14	○
21	Tue	1:15	4.1	1:38	3.2	7:30	-0.1	7:37	0.0	7:03	7:15	○
22	Wed	2:10	3.8	2:34	2.9	8:29	0.3	8:34	0.2	7:01	7:16	○
23	Thu	3:11	3.5	3:36	2.8	9:30	0.5	9:33	0.4	7:00	7:17	◐
24	Fri	4:16	3.4	4:40	2.8	10:31	0.6	10:33	0.5	6:58	7:18	◐
25	Sat	5:18	3.4	5:38	2.9	11:29	0.7	11:31	0.4	6:56	7:19	◐
26	Sun	6:12	3.5	6:27	3.1			12:18	0.6	6:55	7:20	◐
27	Mon	6:57	3.6	7:10	3.3	12:23	0.3	1:00	0.5	6:53	7:21	◑
28	Tue	7:38	3.7	7:51	3.6	1:09	0.2	1:36	0.4	6:52	7:21	◑
29	Wed	8:17	3.8	8:31	3.8	1:50	0.0	2:12	0.2	6:50	7:22	◑
30	Thu	8:56	3.8	9:10	4.0	2:30	-0.1	2:47	0.1	6:49	7:23	◑
31	Fri	9:34	3.9	9:49	4.1	3:09	-0.1	3:22	0.1	6:47	7:24	●