

Metompkin Inlet, VA - Jun 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:35	3.7	11:59	4.8	5:21	-0.1	5:20	-0.1	5:42	8:18	
2	Fri			12:26	3.7	6:12	-0.1	6:15	0.0	5:41	8:19	
3	Sat	12:50	4.6	1:20	3.7	7:05	-0.1	7:14	0.1	5:41	8:20	
4	Sun	1:44	4.4	2:19	3.7	8:00	0.0	8:16	0.2	5:41	8:20	
5	Mon	2:42	4.1	3:22	3.8	8:55	-0.1	9:20	0.2	5:41	8:21	
6	Tue	3:44	3.9	4:26	4.0	9:51	-0.1	10:26	0.2	5:40	8:21	
7	Wed	4:46	3.7	5:26	4.2	10:47	-0.2	11:30	0.1	5:40	8:22	
8	Thu	5:45	3.6	6:23	4.4	11:42	-0.3			5:40	8:22	
9	Fri	6:41	3.6	7:15	4.6	12:32	-0.1	12:35	-0.4	5:40	8:23	
10	Sat	7:33	3.5	8:04	4.7	1:29	-0.2	1:26	-0.5	5:40	8:23	
11	Sun	8:23	3.5	8:52	4.7	2:20	-0.3	2:14	-0.5	5:40	8:24	
12	Mon	9:11	3.5	9:38	4.7	3:08	-0.3	3:00	-0.4	5:40	8:24	
13	Tue	9:58	3.4	10:23	4.6	3:52	-0.3	3:44	-0.3	5:40	8:25	
14	Wed	10:44	3.4	11:07	4.4	4:36	-0.2	4:29	-0.1	5:40	8:25	
15	Thu	11:28	3.3	11:50	4.2	5:19	0.0	5:13	0.1	5:40	8:25	
16	Fri			12:13	3.3	6:02	0.2	6:00	0.4	5:40	8:26	
17	Sat	12:34	4.0	12:59	3.2	6:46	0.4	6:49	0.6	5:40	8:26	
18	Sun	1:18	3.8	1:47	3.2	7:30	0.5	7:39	0.8	5:40	8:26	
19	Mon	2:05	3.6	2:38	3.3	8:14	0.6	8:32	1.0	5:40	8:27	
20	Tue	2:54	3.4	3:32	3.4	8:59	0.7	9:26	1.0	5:41	8:27	
21	Wed	3:47	3.3	4:26	3.6	9:45	0.7	10:21	1.0	5:41	8:27	
22	Thu	4:40	3.2	5:18	3.8	10:33	0.6	11:16	0.9	5:41	8:27	
23	Fri	5:32	3.3	6:07	4.1	11:21	0.5			5:41	8:27	
24	Sat	6:22	3.4	6:54	4.4	12:10	0.7	12:10	0.3	5:42	8:28	
25	Sun	7:11	3.5	7:41	4.7	1:01	0.5	12:58	0.1	5:42	8:28	
26	Mon	7:59	3.6	8:28	4.9	1:50	0.2	1:47	-0.1	5:42	8:28	
27	Tue	8:48	3.7	9:16	5.0	2:38	0.0	2:35	-0.3	5:43	8:28	
28	Wed	9:37	3.8	10:04	5.1	3:25	-0.2	3:23	-0.4	5:43	8:28	
29	Thu	10:27	3.9	10:53	5.1	4:13	-0.4	4:13	-0.5	5:44	8:28	
30	Fri	11:18	3.9	11:42	4.9	5:02	-0.4	5:05	-0.4	5:44	8:28	