

Metompkin Inlet, VA - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:10	4.0	5:52	-0.4	6:01	-0.3	5:45	8:28	
2	Sun	12:33	4.7	1:04	4.0	6:44	-0.3	7:00	-0.1	5:45	8:27	
3	Mon	1:26	4.4	2:02	4.0	7:38	-0.3	8:02	0.1	5:46	8:27	
4	Tue	2:22	4.0	3:03	4.0	8:32	-0.2	9:06	0.2	5:46	8:27	
5	Wed	3:22	3.7	4:07	4.1	9:27	-0.2	10:12	0.3	5:47	8:27	
6	Thu	4:24	3.4	5:09	4.2	10:23	-0.1	11:17	0.3	5:47	8:27	
7	Fri	5:25	3.3	6:07	4.3	11:19	-0.1			5:48	8:26	
8	Sat	6:22	3.3	7:00	4.4	12:20	0.2	12:14	-0.2	5:48	8:26	
9	Sun	7:15	3.3	7:49	4.5	1:17	0.1	1:06	-0.2	5:49	8:26	
10	Mon	8:03	3.3	8:34	4.5	2:06	0.0	1:54	-0.3	5:50	8:25	
11	Tue	8:50	3.3	9:18	4.5	2:50	0.0	2:39	-0.2	5:50	8:25	
12	Wed	9:34	3.4	10:00	4.4	3:31	0.0	3:22	-0.2	5:51	8:25	
13	Thu	10:18	3.4	10:41	4.3	4:10	0.0	4:04	0.0	5:52	8:24	
14	Fri	11:00	3.5	11:22	4.2	4:48	0.1	4:46	0.1	5:52	8:24	
15	Sat	11:43	3.5			5:27	0.3	5:29	0.4	5:53	8:23	
16	Sun	12:02	4.0	12:25	3.5	6:06	0.4	6:14	0.6	5:54	8:23	
17	Mon	12:43	3.8	1:10	3.5	6:47	0.5	7:02	0.8	5:55	8:22	
18	Tue	1:25	3.6	1:57	3.5	7:29	0.7	7:52	1.0	5:55	8:21	
19	Wed	2:11	3.4	2:47	3.6	8:13	0.7	8:45	1.1	5:56	8:21	
20	Thu	3:01	3.3	3:41	3.7	9:00	0.7	9:41	1.1	5:57	8:20	
21	Fri	3:55	3.2	4:36	3.9	9:49	0.7	10:37	1.0	5:58	8:19	
22	Sat	4:51	3.2	5:31	4.2	10:41	0.5	11:35	0.8	5:58	8:19	
23	Sun	5:46	3.3	6:23	4.5	11:35	0.3			5:59	8:18	
24	Mon	6:40	3.5	7:14	4.8	12:30	0.6	12:29	0.1	6:00	8:17	
25	Tue	7:32	3.7	8:04	5.0	1:23	0.2	1:22	-0.2	6:01	8:16	
26	Wed	8:23	3.9	8:54	5.2	2:13	-0.1	2:14	-0.5	6:02	8:16	
27	Thu	9:15	4.1	9:44	5.3	3:02	-0.3	3:05	-0.7	6:02	8:15	
28	Fri	10:06	4.3	10:34	5.2	3:50	-0.5	3:57	-0.7	6:03	8:14	
29	Sat	10:58	4.4	11:24	5.0	4:39	-0.6	4:51	-0.6	6:04	8:13	
30	Sun	11:51	4.4			5:28	-0.6	5:46	-0.5	6:05	8:12	
31	Mon	12:14	4.7	12:44	4.4	6:19	-0.5	6:45	-0.2	6:06	8:11	