

Metompkin Inlet, VA - Sep 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:37	3.4	3:20	4.2	8:38	0.3	9:37	0.7	6:33	7:31	
2	Sat	3:42	3.2	4:27	4.1	9:38	0.4	10:44	0.8	6:34	7:29	
3	Sun	4:49	3.1	5:31	4.1	10:39	0.5	11:47	0.8	6:34	7:28	
4	Mon	5:49	3.2	6:25	4.1	11:37	0.5			6:35	7:26	
5	Tue	6:40	3.3	7:10	4.2	12:40	0.7	12:31	0.5	6:36	7:25	
6	Wed	7:24	3.5	7:51	4.2	1:22	0.6	1:17	0.4	6:37	7:23	
7	Thu	8:04	3.7	8:29	4.3	1:59	0.5	1:59	0.3	6:38	7:22	
8	Fri	8:44	3.9	9:07	4.3	2:32	0.4	2:39	0.2	6:39	7:20	
9	Sat	9:23	4.1	9:44	4.3	3:06	0.4	3:17	0.3	6:39	7:19	
10	Sun	10:02	4.2	10:22	4.2	3:39	0.4	3:55	0.3	6:40	7:17	
11	Mon	10:41	4.2	11:00	4.1	4:14	0.5	4:34	0.5	6:41	7:16	
12	Tue	11:20	4.2	11:38	3.9	4:49	0.6	5:15	0.7	6:42	7:14	
13	Wed			12:00	4.2	5:27	0.7	5:59	0.9	6:43	7:12	
14	Thu	12:17	3.7	12:43	4.2	6:07	0.8	6:47	1.0	6:44	7:11	
15	Fri	1:00	3.6	1:29	4.2	6:53	0.9	7:39	1.2	6:44	7:09	
16	Sat	1:48	3.4	2:23	4.2	7:44	1.0	8:36	1.2	6:45	7:08	
17	Sun	2:44	3.4	3:23	4.2	8:40	0.9	9:35	1.1	6:46	7:06	
18	Mon	3:47	3.4	4:26	4.4	9:40	0.8	10:35	0.9	6:47	7:05	
19	Tue	4:51	3.6	5:26	4.6	10:42	0.5	11:34	0.6	6:48	7:03	
20	Wed	5:51	3.9	6:23	4.8	11:44	0.2			6:49	7:02	
21	Thu	6:47	4.3	7:17	5.0	12:29	0.2	12:43	-0.2	6:50	7:00	
22	Fri	7:40	4.7	8:09	5.1	1:21	-0.2	1:39	-0.5	6:50	6:58	
23	Sat	8:33	5.0	8:59	5.1	2:11	-0.5	2:34	-0.7	6:51	6:57	
24	Sun	9:24	5.2	9:50	4.9	2:59	-0.7	3:26	-0.8	6:52	6:55	
25	Mon	10:16	5.3	10:40	4.7	3:46	-0.7	4:19	-0.7	6:53	6:54	
26	Tue	11:07	5.2	11:30	4.4	4:34	-0.6	5:13	-0.4	6:54	6:52	
27	Wed	11:59	5.0			5:24	-0.4	6:09	-0.1	6:55	6:51	
28	Thu	12:21	4.0	12:52	4.7	6:16	-0.1	7:07	0.2	6:55	6:49	
29	Fri	1:14	3.7	1:48	4.4	7:12	0.2	8:09	0.6	6:56	6:48	
30	Sat	2:12	3.4	2:49	4.2	8:10	0.5	9:12	0.8	6:57	6:46	