

Metompkin Inlet, VA - Oct 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:16	3.2	3:55	4.0	9:11	0.7	10:15	0.9	6:58	6:45	
2	Mon	4:24	3.2	4:59	3.9	10:13	0.8	11:14	0.9	6:59	6:43	
3	Tue	5:25	3.3	5:54	3.9	11:13	0.8			7:00	6:42	
4	Wed	6:15	3.5	6:39	4.0	12:04	0.9	12:06	0.7	7:01	6:40	
5	Thu	6:58	3.7	7:19	4.0	12:46	0.8	12:53	0.6	7:02	6:39	
6	Fri	7:37	3.9	7:58	4.1	1:21	0.6	1:35	0.5	7:03	6:37	
7	Sat	8:16	4.2	8:36	4.1	1:56	0.5	2:15	0.4	7:03	6:36	
8	Sun	8:54	4.3	9:14	4.1	2:30	0.4	2:53	0.4	7:04	6:34	
9	Mon	9:33	4.5	9:52	4.1	3:04	0.4	3:31	0.4	7:05	6:33	
10	Tue	10:12	4.5	10:31	4.0	3:39	0.4	4:10	0.5	7:06	6:31	
11	Wed	10:51	4.5	11:10	3.8	4:16	0.5	4:51	0.6	7:07	6:30	
12	Thu	11:32	4.5	11:50	3.7	4:54	0.6	5:35	0.7	7:08	6:28	
13	Fri			12:15	4.5	5:36	0.7	6:23	0.9	7:09	6:27	
14	Sat	12:34	3.6	1:02	4.4	6:23	0.8	7:15	1.0	7:10	6:26	
15	Sun	1:23	3.5	1:55	4.3	7:16	0.9	8:12	1.0	7:11	6:24	
16	Mon	2:21	3.4	2:54	4.3	8:15	0.9	9:10	0.9	7:12	6:23	
17	Tue	3:24	3.5	3:58	4.4	9:18	0.8	10:09	0.7	7:13	6:21	
18	Wed	4:29	3.7	5:00	4.5	10:22	0.5	11:07	0.4	7:14	6:20	
19	Thu	5:31	4.1	5:59	4.6	11:26	0.2			7:15	6:19	
20	Fri	6:28	4.5	6:53	4.7	12:02	0.0	12:27	-0.1	7:16	6:17	
21	Sat	7:21	4.8	7:46	4.7	12:55	-0.3	1:24	-0.4	7:17	6:16	
22	Sun	8:13	5.1	8:37	4.6	1:45	-0.6	2:19	-0.6	7:18	6:15	
23	Mon	9:04	5.3	9:27	4.5	2:33	-0.8	3:11	-0.7	7:19	6:14	
24	Tue	9:55	5.3	10:17	4.3	3:20	-0.8	4:03	-0.6	7:20	6:12	
25	Wed	10:45	5.2	11:07	4.0	4:08	-0.7	4:55	-0.4	7:21	6:11	
26	Thu	11:35	5.0	11:57	3.7	4:57	-0.4	5:48	-0.1	7:22	6:10	
27	Fri			12:26	4.7	5:48	-0.1	6:43	0.2	7:23	6:09	
28	Sat	12:49	3.5	1:19	4.3	6:42	0.3	7:41	0.5	7:24	6:08	
29	Sun	1:44	3.3	2:15	4.0	7:39	0.6	8:39	0.7	7:25	6:06	
30	Mon	2:44	3.1	3:14	3.8	8:39	0.8	9:36	0.8	7:26	6:05	
31	Tue	3:47	3.1	4:15	3.7	9:39	0.9	10:29	0.9	7:27	6:04	