

Metompkin Inlet, VA - Nov 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:49	3.2	5:10	3.6	10:38	1.0	11:17	0.8	7:28	6:03	
2	Thu	5:41	3.4	5:59	3.7	11:33	0.9	11:59	0.7	7:29	6:02	
3	Fri	6:25	3.7	6:42	3.7			12:22	0.8	7:30	6:01	
4	Sat	7:06	4.0	7:23	3.8	12:38	0.6	1:07	0.6	7:31	6:00	
5	Sun	6:46	4.2	7:03	3.8	1:16	0.4	12:48	0.5	6:32	4:59	
6	Mon	7:26	4.4	7:43	3.8	12:53	0.3	1:28	0.4	6:33	4:58	
7	Tue	8:05	4.6	8:23	3.8	1:31	0.2	2:08	0.3	6:34	4:57	
8	Wed	8:46	4.7	9:03	3.8	2:08	0.2	2:48	0.3	6:35	4:56	
9	Thu	9:27	4.7	9:45	3.7	2:47	0.2	3:30	0.3	6:36	4:55	
10	Fri	10:09	4.7	10:28	3.6	3:28	0.3	4:15	0.4	6:37	4:54	
11	Sat	10:53	4.6	11:14	3.5	4:12	0.4	5:03	0.5	6:38	4:54	
12	Sun	11:41	4.5			5:01	0.5	5:55	0.5	6:39	4:53	
13	Mon	12:05	3.4	12:33	4.4	5:56	0.5	6:50	0.5	6:40	4:52	
14	Tue	1:02	3.4	1:30	4.3	6:56	0.6	7:47	0.4	6:41	4:51	
15	Wed	2:05	3.5	2:32	4.2	8:00	0.5	8:44	0.3	6:42	4:51	
16	Thu	3:10	3.8	3:35	4.1	9:05	0.4	9:41	0.0	6:44	4:50	
17	Fri	4:12	4.1	4:34	4.1	10:10	0.1	10:36	-0.2	6:45	4:49	
18	Sat	5:10	4.4	5:31	4.1	11:12	-0.1	11:29	-0.5	6:46	4:49	
19	Sun	6:04	4.7	6:24	4.1			12:11	-0.4	6:47	4:48	
20	Mon	6:56	5.0	7:15	4.0	12:20	-0.7	1:06	-0.6	6:48	4:47	
21	Tue	7:46	5.1	8:06	3.9	1:10	-0.9	1:57	-0.7	6:49	4:47	
22	Wed	8:36	5.1	8:55	3.8	1:58	-0.9	2:47	-0.6	6:50	4:46	
23	Thu	9:25	5.0	9:44	3.6	2:45	-0.8	3:36	-0.5	6:51	4:46	
24	Fri	10:13	4.7	10:33	3.5	3:33	-0.5	4:26	-0.2	6:52	4:46	
25	Sat	11:00	4.5	11:22	3.3	4:21	-0.2	5:16	0.0	6:53	4:45	
26	Sun	11:48	4.2			5:12	0.1	6:07	0.3	6:54	4:45	
27	Mon	12:12	3.1	12:38	3.8	6:05	0.4	6:58	0.5	6:55	4:44	
28	Tue	1:06	3.0	1:30	3.6	7:00	0.7	7:48	0.6	6:56	4:44	
29	Wed	2:03	3.0	2:24	3.4	7:57	0.8	8:37	0.7	6:57	4:44	
30	Thu	3:02	3.1	3:19	3.3	8:54	0.9	9:23	0.6	6:58	4:44	