

Metompkin Inlet, VA - Mar 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:33	3.8	4:52	3.1	10:38	0.5	10:43	0.0	6:32	5:56	
2	Fri	5:28	4.1	5:46	3.4	11:34	0.1	11:40	-0.4	6:31	5:57	
3	Sat	6:21	4.4	6:39	3.8			12:26	-0.2	6:30	5:58	
4	Sun	7:11	4.6	7:30	4.1	12:34	-0.8	1:15	-0.6	6:28	5:59	
5	Mon	8:01	4.8	8:20	4.3	1:27	-1.1	2:02	-0.9	6:27	6:00	
6	Tue	8:50	4.8	9:11	4.5	2:18	-1.3	2:48	-1.0	6:25	6:01	
7	Wed	9:39	4.6	10:02	4.6	3:10	-1.3	3:36	-1.1	6:24	6:02	
8	Thu	10:28	4.4	10:53	4.6	4:03	-1.2	4:24	-1.0	6:22	6:03	
9	Fri	11:18	4.0	11:46	4.4	4:58	-0.9	5:16	-0.8	6:21	6:04	
10	Sat			12:10	3.6	5:55	-0.6	6:10	-0.5	6:19	6:04	
11	Sun	12:42	4.2	2:06	3.3	7:57	-0.2	8:07	-0.3	7:18	7:05	
12	Mon	2:44	3.9	3:09	3.0	9:01	0.1	9:08	-0.1	7:16	7:06	
13	Tue	3:51	3.7	4:17	2.8	10:08	0.3	10:11	0.1	7:15	7:07	
14	Wed	5:01	3.6	5:24	2.8	11:15	0.3	11:15	0.1	7:13	7:08	
15	Thu	6:04	3.6	6:21	3.0			12:15	0.3	7:12	7:09	
16	Fri	6:56	3.7	7:10	3.1	12:14	0.0	1:05	0.2	7:10	7:10	
17	Sat	7:40	3.7	7:52	3.3	1:06	-0.1	1:46	0.1	7:09	7:11	
18	Sun	8:20	3.8	8:31	3.5	1:50	-0.2	2:22	0.0	7:07	7:12	
19	Mon	8:58	3.8	9:10	3.7	2:31	-0.3	2:55	0.0	7:06	7:13	
20	Tue	9:35	3.8	9:49	3.8	3:09	-0.3	3:28	0.0	7:04	7:14	
21	Wed	10:13	3.8	10:27	3.9	3:46	-0.3	4:02	0.0	7:03	7:15	
22	Thu	10:50	3.7	11:06	3.9	4:24	-0.1	4:37	0.1	7:01	7:16	
23	Fri	11:28	3.5	11:45	3.9	5:04	0.0	5:14	0.3	7:00	7:17	
24	Sat			12:06	3.4	5:45	0.2	5:52	0.4	6:58	7:18	
25	Sun	12:26	3.8	12:47	3.2	6:29	0.5	6:35	0.6	6:57	7:18	
26	Mon	1:09	3.8	1:31	3.1	7:18	0.6	7:22	0.7	6:55	7:19	
27	Tue	1:59	3.7	2:22	3.0	8:10	0.8	8:16	0.7	6:54	7:20	
28	Wed	2:55	3.7	3:21	3.0	9:07	0.8	9:14	0.6	6:52	7:21	
29	Thu	3:57	3.8	4:23	3.1	10:06	0.7	10:15	0.4	6:51	7:22	
30	Fri	4:59	4.0	5:24	3.4	11:05	0.4	11:17	0.1	6:49	7:23	
31	Sat	5:57	4.2	6:21	3.8			12:02	0.1	6:48	7:24	