

Metompkin Inlet, VA - Aug 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:27	3.7	10:51	4.4	4:16	-0.1	4:17	-0.2	6:06	8:10	
2	Thu	11:11	3.7	11:33	4.2	4:57	0.0	5:02	0.0	6:07	8:09	
3	Fri	11:54	3.7			5:37	0.2	5:47	0.3	6:08	8:08	
4	Sat	12:14	4.0	12:38	3.7	6:17	0.4	6:34	0.6	6:09	8:07	
5	Sun	12:56	3.7	1:24	3.6	6:59	0.6	7:23	0.9	6:10	8:06	
6	Mon	1:40	3.5	2:12	3.6	7:42	0.7	8:15	1.1	6:11	8:05	
7	Tue	2:28	3.3	3:05	3.6	8:27	0.8	9:08	1.2	6:11	8:04	
8	Wed	3:21	3.1	4:01	3.7	9:16	0.9	10:04	1.2	6:12	8:03	
9	Thu	4:17	3.1	4:57	3.9	10:06	0.9	11:00	1.2	6:13	8:02	
10	Fri	5:13	3.2	5:50	4.1	10:59	0.8	11:55	1.0	6:14	8:01	
11	Sat	6:06	3.3	6:40	4.4	11:52	0.6			6:15	7:59	
12	Sun	6:56	3.5	7:27	4.6	12:46	0.8	12:44	0.3	6:16	7:58	
13	Mon	7:44	3.7	8:14	4.9	1:34	0.5	1:33	0.0	6:17	7:57	
14	Tue	8:32	4.0	9:00	5.0	2:20	0.2	2:22	-0.2	6:17	7:56	
15	Wed	9:19	4.2	9:46	5.1	3:04	-0.1	3:10	-0.4	6:18	7:55	
16	Thu	10:08	4.4	10:33	5.0	3:49	-0.3	3:59	-0.4	6:19	7:53	
17	Fri	10:56	4.5	11:20	4.8	4:34	-0.3	4:50	-0.4	6:20	7:52	
18	Sat	11:46	4.6			5:21	-0.3	5:44	-0.2	6:21	7:51	
19	Sun	12:09	4.6	12:38	4.6	6:10	-0.3	6:42	0.0	6:22	7:49	
20	Mon	1:00	4.2	1:34	4.5	7:03	-0.1	7:43	0.2	6:22	7:48	
21	Tue	1:54	3.9	2:34	4.4	7:58	0.0	8:47	0.4	6:23	7:47	
22	Wed	2:55	3.5	3:39	4.4	8:56	0.1	9:53	0.5	6:24	7:45	
23	Thu	4:00	3.4	4:46	4.3	9:56	0.2	11:00	0.5	6:25	7:44	
24	Fri	5:07	3.3	5:49	4.4	10:58	0.2			6:26	7:43	
25	Sat	6:08	3.4	6:46	4.5	12:04	0.5	11:59 AM	0.1	6:27	7:41	
26	Sun	7:03	3.5	7:36	4.5	1:01	0.3	12:55	0.0	6:28	7:40	
27	Mon	7:51	3.6	8:21	4.5	1:48	0.2	1:45	-0.1	6:28	7:38	
28	Tue	8:36	3.8	9:03	4.5	2:30	0.1	2:31	-0.1	6:29	7:37	
29	Wed	9:19	3.9	9:43	4.4	3:08	0.1	3:13	-0.1	6:30	7:35	
30	Thu	10:00	4.0	10:22	4.3	3:45	0.1	3:54	0.0	6:31	7:34	
31	Fri	10:41	4.0	11:01	4.1	4:21	0.2	4:35	0.2	6:32	7:33	