

Metompkin Inlet, VA - Aug 2092

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:44	3.3	8:13	4.4	1:40	0.7	1:30	0.4	6:07	8:10	
2	Sat	8:27	3.5	8:55	4.6	2:21	0.5	2:13	0.2	6:08	8:09	
3	Sun	9:11	3.6	9:36	4.7	3:00	0.4	2:56	0.1	6:09	8:08	
4	Mon	9:54	3.8	10:17	4.7	3:39	0.3	3:39	0.1	6:09	8:07	
5	Tue	10:37	3.9	10:59	4.6	4:19	0.2	4:22	0.1	6:10	8:05	
6	Wed	11:20	4.0	11:41	4.5	5:00	0.1	5:09	0.2	6:11	8:04	
7	Thu			12:06	4.1	5:43	0.1	5:59	0.3	6:12	8:03	
8	Fri	12:25	4.3	12:54	4.2	6:29	0.2	6:54	0.4	6:13	8:02	
9	Sat	1:13	4.1	1:47	4.2	7:18	0.2	7:53	0.5	6:14	8:01	
10	Sun	2:06	3.8	2:45	4.3	8:10	0.2	8:55	0.6	6:15	8:00	
11	Mon	3:05	3.6	3:48	4.4	9:06	0.2	10:00	0.6	6:15	7:59	
12	Tue	4:09	3.4	4:53	4.5	10:06	0.1	11:06	0.5	6:16	7:57	
13	Wed	5:14	3.4	5:56	4.7	11:07	0.0			6:17	7:56	
14	Thu	6:16	3.5	6:54	4.8	12:10	0.3	12:08	-0.2	6:18	7:55	
15	Fri	7:13	3.7	7:48	4.9	1:09	0.0	1:06	-0.4	6:19	7:54	
16	Sat	8:07	3.8	8:40	5.0	2:02	-0.2	2:01	-0.5	6:20	7:52	
17	Sun	8:58	4.0	9:28	4.9	2:50	-0.3	2:52	-0.6	6:21	7:51	
18	Mon	9:47	4.1	10:14	4.7	3:35	-0.3	3:41	-0.5	6:21	7:50	
19	Tue	10:34	4.1	10:59	4.5	4:18	-0.3	4:28	-0.3	6:22	7:48	
20	Wed	11:20	4.1	11:42	4.2	5:00	-0.1	5:16	-0.1	6:23	7:47	
21	Thu			12:05	4.0	5:43	0.1	6:04	0.3	6:24	7:46	
22	Fri	12:25	3.9	12:50	3.9	6:25	0.3	6:54	0.6	6:25	7:44	
23	Sat	1:09	3.6	1:38	3.8	7:09	0.6	7:46	0.9	6:26	7:43	
24	Sun	1:56	3.3	2:29	3.7	7:55	0.8	8:40	1.1	6:27	7:42	
25	Mon	2:47	3.1	3:25	3.7	8:44	1.0	9:36	1.3	6:27	7:40	
26	Tue	3:44	3.0	4:24	3.8	9:35	1.0	10:33	1.3	6:28	7:39	
27	Wed	4:42	3.0	5:20	3.9	10:28	1.0	11:29	1.2	6:29	7:37	
28	Thu	5:37	3.2	6:12	4.1	11:22	0.9			6:30	7:36	
29	Fri	6:28	3.3	6:58	4.3	12:19	1.1	12:13	0.7	6:31	7:34	
30	Sat	7:14	3.6	7:43	4.5	1:05	0.9	1:02	0.5	6:32	7:33	
31	Sun	7:59	3.8	8:25	4.7	1:47	0.6	1:48	0.3	6:32	7:31	