

Metompkin Inlet, VA - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:07	3.3	12:32	4.0	6:00	0.0	6:46	-0.1	7:17	4:54	
2	Mon	1:04	3.4	1:26	3.7	7:01	0.1	7:38	-0.1	7:17	4:55	
3	Tue	2:05	3.5	2:25	3.4	8:06	0.1	8:31	-0.2	7:17	4:56	
4	Wed	3:08	3.7	3:27	3.2	9:12	0.1	9:26	-0.3	7:17	4:57	
5	Thu	4:11	4.0	4:28	3.1	10:19	0.0	10:22	-0.5	7:17	4:57	
6	Fri	5:10	4.2	5:27	3.0	11:25	-0.1	11:18	-0.6	7:17	4:58	
7	Sat	6:07	4.4	6:23	3.0			12:25	-0.3	7:17	4:59	
8	Sun	7:01	4.6	7:16	3.0	12:13	-0.8	1:19	-0.5	7:17	5:00	
9	Mon	7:52	4.6	8:07	3.1	1:06	-0.9	2:09	-0.5	7:17	5:01	
10	Tue	8:42	4.6	8:56	3.1	1:56	-0.9	2:56	-0.5	7:17	5:02	
11	Wed	9:29	4.4	9:43	3.1	2:44	-0.9	3:41	-0.4	7:16	5:03	
12	Thu	10:15	4.2	10:30	3.1	3:31	-0.7	4:25	-0.3	7:16	5:04	
13	Fri	10:58	4.0	11:15	3.0	4:18	-0.5	5:08	-0.1	7:16	5:05	
14	Sat	11:41	3.7			5:06	-0.2	5:51	0.1	7:16	5:06	
15	Sun	12:02	3.0	12:24	3.4	5:56	0.1	6:34	0.2	7:15	5:07	
16	Mon	12:50	3.0	1:09	3.1	6:48	0.4	7:16	0.4	7:15	5:08	
17	Tue	1:41	3.0	1:58	2.8	7:42	0.6	8:00	0.4	7:15	5:09	
18	Wed	2:36	3.1	2:52	2.7	8:38	0.8	8:46	0.5	7:14	5:10	
19	Thu	3:33	3.2	3:47	2.6	9:36	0.8	9:34	0.4	7:14	5:11	
20	Fri	4:27	3.4	4:40	2.6	10:34	0.7	10:25	0.3	7:13	5:12	
21	Sat	5:18	3.6	5:31	2.7	11:28	0.6	11:15	0.1	7:13	5:13	
22	Sun	6:06	3.9	6:18	2.8			12:17	0.4	7:12	5:14	
23	Mon	6:53	4.1	7:05	3.0	12:04	-0.1	1:03	0.2	7:12	5:16	
24	Tue	7:38	4.3	7:50	3.1	12:51	-0.3	1:47	0.0	7:11	5:17	
25	Wed	8:23	4.5	8:36	3.3	1:36	-0.6	2:29	-0.2	7:10	5:18	
26	Thu	9:07	4.6	9:22	3.4	2:22	-0.7	3:12	-0.4	7:10	5:19	
27	Fri	9:52	4.6	10:09	3.5	3:09	-0.8	3:56	-0.4	7:09	5:20	
28	Sat	10:36	4.4	10:57	3.6	3:58	-0.7	4:41	-0.5	7:08	5:21	
29	Sun	11:22	4.2	11:48	3.7	4:50	-0.6	5:27	-0.5	7:08	5:22	
30	Mon			12:10	3.8	5:46	-0.4	6:16	-0.4	7:07	5:23	
31	Tue	12:42	3.7	1:03	3.5	6:47	-0.2	7:08	-0.4	7:06	5:24	