

Metompkin Inlet, VA - Jun 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:00	3.2	6:29	3.7	11:52	0.5			5:42	8:19	
2	Sat	6:44	3.2	7:09	4.0	12:39	0.6	12:32	0.5	5:41	8:19	
3	Sun	7:25	3.2	7:49	4.2	1:24	0.5	1:10	0.4	5:41	8:20	
4	Mon	8:06	3.2	8:29	4.3	2:04	0.4	1:49	0.3	5:41	8:20	
5	Tue	8:47	3.2	9:09	4.4	2:43	0.4	2:27	0.3	5:40	8:21	
6	Wed	9:29	3.2	9:50	4.4	3:21	0.3	3:06	0.3	5:40	8:22	
7	Thu	10:10	3.2	10:32	4.5	4:01	0.4	3:45	0.3	5:40	8:22	
8	Fri	10:52	3.1	11:14	4.4	4:41	0.4	4:26	0.4	5:40	8:23	
9	Sat	11:34	3.1	11:56	4.4	5:24	0.5	5:10	0.5	5:40	8:23	
10	Sun			12:18	3.1	6:10	0.5	5:58	0.6	5:40	8:24	
11	Mon	12:41	4.3	1:06	3.2	6:57	0.6	6:51	0.6	5:40	8:24	
12	Tue	1:29	4.1	1:59	3.3	7:46	0.5	7:50	0.6	5:40	8:25	
13	Wed	2:21	4.0	2:57	3.5	8:36	0.4	8:51	0.6	5:40	8:25	
14	Thu	3:17	3.9	3:57	3.8	9:26	0.3	9:55	0.5	5:40	8:25	
15	Fri	4:17	3.7	4:57	4.2	10:18	0.1	10:59	0.3	5:40	8:26	
16	Sat	5:16	3.7	5:54	4.5	11:11	-0.1			5:40	8:26	
17	Sun	6:13	3.6	6:49	4.9	12:03	0.1	12:05	-0.4	5:40	8:26	
18	Mon	7:09	3.6	7:43	5.1	1:04	-0.2	12:59	-0.5	5:40	8:27	
19	Tue	8:04	3.5	8:37	5.2	2:01	-0.4	1:53	-0.7	5:41	8:27	
20	Wed	8:58	3.5	9:30	5.2	2:56	-0.5	2:45	-0.7	5:41	8:27	
21	Thu	9:52	3.5	10:23	5.1	3:48	-0.5	3:37	-0.7	5:41	8:27	
22	Fri	10:45	3.4	11:15	4.9	4:39	-0.4	4:29	-0.5	5:41	8:27	
23	Sat	11:37	3.4			5:31	-0.2	5:23	-0.3	5:42	8:28	
24	Sun	12:05	4.6	12:29	3.3	6:22	0.0	6:18	0.0	5:42	8:28	
25	Mon	12:55	4.2	1:21	3.3	7:13	0.2	7:15	0.3	5:42	8:28	
26	Tue	1:44	3.9	2:16	3.2	8:02	0.3	8:13	0.6	5:43	8:28	
27	Wed	2:35	3.5	3:12	3.3	8:49	0.5	9:11	0.8	5:43	8:28	
28	Thu	3:28	3.3	4:09	3.4	9:34	0.6	10:10	0.9	5:43	8:28	
29	Fri	4:22	3.1	5:02	3.6	10:18	0.6	11:08	0.9	5:44	8:28	
30	Sat	5:14	3.0	5:50	3.8	11:02	0.7			5:44	8:28	