

Metompkin Inlet, VA - Aug 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:03	3.1	7:36	4.4	1:05	0.9	12:46	0.6	6:07	8:10	
2	Thu	7:49	3.2	8:20	4.6	1:49	0.7	1:33	0.3	6:08	8:09	
3	Fri	8:34	3.4	9:04	4.7	2:31	0.6	2:19	0.2	6:09	8:08	
4	Sat	9:19	3.6	9:47	4.8	3:11	0.4	3:03	0.0	6:10	8:07	
5	Sun	10:04	3.8	10:29	4.8	3:52	0.2	3:48	-0.1	6:10	8:05	
6	Mon	10:49	3.9	11:12	4.7	4:32	0.1	4:35	0.0	6:11	8:04	
7	Tue	11:34	4.1	11:56	4.5	5:15	0.1	5:25	0.1	6:12	8:03	
8	Wed			12:22	4.2	5:59	0.1	6:19	0.2	6:13	8:02	
9	Thu	12:42	4.2	1:13	4.3	6:45	0.1	7:17	0.4	6:14	8:01	
10	Fri	1:32	3.9	2:09	4.3	7:35	0.1	8:19	0.5	6:15	8:00	
11	Sat	2:27	3.6	3:10	4.4	8:28	0.2	9:24	0.6	6:15	7:59	
12	Sun	3:29	3.3	4:15	4.4	9:25	0.2	10:32	0.6	6:16	7:57	
13	Mon	4:35	3.1	5:21	4.5	10:26	0.2	11:40	0.6	6:17	7:56	
14	Tue	5:40	3.1	6:23	4.7	11:28	0.1			6:18	7:55	
15	Wed	6:41	3.2	7:20	4.8	12:44	0.4	12:29	-0.1	6:19	7:54	
16	Thu	7:36	3.4	8:12	4.8	1:39	0.2	1:26	-0.2	6:20	7:52	
17	Fri	8:28	3.6	9:01	4.8	2:28	0.1	2:19	-0.3	6:21	7:51	
18	Sat	9:16	3.7	9:46	4.7	3:11	0.0	3:07	-0.3	6:21	7:50	
19	Sun	10:02	3.8	10:28	4.5	3:52	0.0	3:53	-0.2	6:22	7:48	
20	Mon	10:45	3.9	11:09	4.3	4:31	0.1	4:38	0.0	6:23	7:47	
21	Tue	11:28	3.9	11:49	4.0	5:09	0.2	5:23	0.2	6:24	7:46	
22	Wed			12:11	3.9	5:47	0.4	6:10	0.5	6:25	7:44	
23	Thu	12:29	3.7	12:54	3.9	6:26	0.6	6:58	0.8	6:26	7:43	
24	Fri	1:11	3.4	1:40	3.8	7:07	0.8	7:50	1.1	6:27	7:41	
25	Sat	1:57	3.1	2:31	3.7	7:51	1.0	8:44	1.3	6:27	7:40	
26	Sun	2:48	3.0	3:27	3.7	8:40	1.1	9:41	1.4	6:28	7:39	
27	Mon	3:46	2.9	4:28	3.8	9:32	1.2	10:40	1.4	6:29	7:37	
28	Tue	4:46	2.9	5:26	4.0	10:28	1.1	11:37	1.3	6:30	7:36	
29	Wed	5:42	3.0	6:18	4.2	11:24	0.9			6:31	7:34	
30	Thu	6:34	3.3	7:06	4.5	12:29	1.1	12:17	0.7	6:32	7:33	
31	Fri	7:21	3.5	7:52	4.7	1:16	0.9	1:08	0.4	6:32	7:31	