

Metompkin Inlet, VA - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:43	4.6	11:03	3.2	3:58	-0.9	4:56	-0.5	7:17	4:55	
2	Wed	11:32	4.2	11:55	3.2	4:53	-0.6	5:47	-0.3	7:17	4:55	
3	Thu			12:21	3.8	5:49	-0.3	6:37	-0.1	7:17	4:56	
4	Fri	12:50	3.1	1:11	3.4	6:48	0.1	7:25	0.0	7:17	4:57	
5	Sat	1:47	3.1	2:04	3.0	7:48	0.3	8:12	0.2	7:17	4:58	
6	Sun	2:45	3.1	2:59	2.8	8:49	0.5	8:58	0.3	7:17	4:59	
7	Mon	3:43	3.2	3:54	2.6	9:50	0.6	9:45	0.3	7:17	5:00	
8	Tue	4:36	3.4	4:46	2.6	10:50	0.6	10:32	0.3	7:17	5:01	
9	Wed	5:24	3.5	5:34	2.6	11:42	0.6	11:19	0.2	7:17	5:02	
10	Thu	6:09	3.7	6:19	2.7			12:28	0.5	7:17	5:03	
11	Fri	6:53	3.9	7:02	2.8	12:04	0.1	1:08	0.4	7:16	5:04	
12	Sat	7:35	4.0	7:45	2.9	12:48	-0.1	1:47	0.3	7:16	5:05	
13	Sun	8:17	4.1	8:27	2.9	1:29	-0.2	2:24	0.2	7:16	5:06	
14	Mon	8:58	4.2	9:08	3.0	2:10	-0.3	3:02	0.1	7:15	5:07	
15	Tue	9:38	4.2	9:50	3.1	2:50	-0.3	3:41	0.1	7:15	5:08	
16	Wed	10:17	4.2	10:32	3.2	3:32	-0.3	4:21	0.0	7:15	5:09	
17	Thu	10:57	4.1	11:16	3.3	4:16	-0.2	5:02	0.0	7:14	5:10	
18	Fri	11:38	3.9			5:05	-0.1	5:45	0.0	7:14	5:11	
19	Sat	12:02	3.4	12:23	3.6	5:58	0.1	6:30	0.0	7:13	5:12	
20	Sun	12:54	3.5	1:13	3.3	6:57	0.2	7:19	-0.1	7:13	5:13	
21	Mon	1:52	3.6	2:11	3.1	8:00	0.2	8:12	-0.1	7:12	5:14	
22	Tue	2:55	3.8	3:14	2.9	9:06	0.2	9:10	-0.2	7:12	5:15	
23	Wed	4:00	4.0	4:19	2.8	10:13	0.1	10:10	-0.4	7:11	5:16	
24	Thu	5:03	4.3	5:21	2.9	11:20	-0.1	11:11	-0.6	7:11	5:17	
25	Fri	6:03	4.5	6:20	3.0			12:22	-0.3	7:10	5:19	
26	Sat	7:00	4.6	7:16	3.1	12:11	-0.9	1:17	-0.5	7:09	5:20	
27	Sun	7:54	4.7	8:09	3.3	1:07	-1.1	2:08	-0.7	7:08	5:21	
28	Mon	8:46	4.7	9:01	3.4	2:00	-1.2	2:55	-0.7	7:08	5:22	
29	Tue	9:34	4.5	9:50	3.4	2:51	-1.2	3:41	-0.7	7:07	5:23	
30	Wed	10:20	4.3	10:38	3.5	3:41	-1.0	4:25	-0.6	7:06	5:24	
31	Thu	11:04	3.9	11:24	3.4	4:31	-0.7	5:08	-0.4	7:05	5:25	