

Metompkin Inlet, VA - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:30	4.0	7:39	2.8	12:44	-0.1	1:49	0.2	7:17	4:54	
2	Thu	8:12	4.1	8:20	2.8	1:25	-0.2	2:25	0.2	7:17	4:55	
3	Fri	8:52	4.1	9:02	2.9	2:05	-0.2	3:01	0.2	7:17	4:56	
4	Sat	9:32	4.1	9:43	2.9	2:44	-0.2	3:38	0.3	7:17	4:57	
5	Sun	10:11	4.0	10:23	2.9	3:23	-0.1	4:16	0.3	7:17	4:58	
6	Mon	10:50	3.9	11:05	2.9	4:04	0.0	4:54	0.4	7:17	4:59	
7	Tue	11:28	3.7	11:47	3.0	4:48	0.2	5:34	0.4	7:17	5:00	
8	Wed			12:08	3.5	5:35	0.4	6:14	0.4	7:17	5:01	
9	Thu	12:33	3.1	12:51	3.3	6:27	0.5	6:58	0.4	7:17	5:02	
10	Fri	1:24	3.2	1:41	3.1	7:23	0.6	7:44	0.3	7:17	5:02	
11	Sat	2:20	3.4	2:37	3.0	8:24	0.6	8:34	0.2	7:16	5:03	
12	Sun	3:20	3.7	3:37	2.9	9:27	0.4	9:29	0.0	7:16	5:04	
13	Mon	4:20	4.0	4:38	2.9	10:32	0.3	10:27	-0.3	7:16	5:05	
14	Tue	5:19	4.3	5:37	3.0	11:35	0.0	11:26	-0.6	7:16	5:06	
15	Wed	6:17	4.6	6:34	3.1			12:34	-0.3	7:15	5:08	
16	Thu	7:13	4.9	7:29	3.3	12:24	-0.9	1:29	-0.6	7:15	5:09	
17	Fri	8:08	5.0	8:24	3.4	1:20	-1.2	2:20	-0.7	7:14	5:10	
18	Sat	9:01	5.0	9:18	3.5	2:14	-1.3	3:10	-0.9	7:14	5:11	
19	Sun	9:52	4.8	10:11	3.6	3:07	-1.3	3:59	-0.9	7:14	5:12	
20	Mon	10:41	4.6	11:03	3.6	4:02	-1.1	4:48	-0.8	7:13	5:13	
21	Tue	11:30	4.1	11:56	3.6	4:57	-0.8	5:37	-0.6	7:12	5:14	
22	Wed			12:19	3.7	5:55	-0.5	6:26	-0.5	7:12	5:15	
23	Thu	12:51	3.5	1:09	3.2	6:56	-0.1	7:15	-0.2	7:11	5:16	
24	Fri	1:48	3.4	2:04	2.8	7:58	0.2	8:06	0.0	7:11	5:17	
25	Sat	2:49	3.4	3:03	2.5	9:03	0.4	8:58	0.1	7:10	5:18	
26	Sun	3:52	3.4	4:03	2.4	10:10	0.5	9:51	0.2	7:09	5:19	
27	Mon	4:50	3.4	4:59	2.4	11:14	0.6	10:45	0.2	7:09	5:21	
28	Tue	5:42	3.5	5:49	2.4			12:08	0.5	7:08	5:22	
29	Wed	6:29	3.7	6:34	2.6			12:51	0.4	7:07	5:23	
30	Thu	7:12	3.8	7:17	2.7	12:23	-0.1	1:27	0.3	7:06	5:24	
31	Fri	7:52	3.9	7:58	2.9	1:05	-0.2	2:02	0.2	7:06	5:25	