

Metompkin Inlet, VA - Jun 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:26	3.5	10:55	5.1	4:18	-0.3	4:07	-0.4	5:42	8:18	
2	Mon	11:18	3.4	11:48	5.0	5:11	-0.2	5:01	-0.3	5:41	8:19	
3	Tue			12:12	3.4	6:05	-0.1	5:58	-0.2	5:41	8:20	
4	Wed	12:42	4.8	1:10	3.4	7:02	0.0	7:00	0.0	5:41	8:20	
5	Thu	1:39	4.4	2:11	3.4	7:58	0.1	8:05	0.2	5:41	8:21	
6	Fri	2:38	4.1	3:16	3.5	8:54	0.1	9:12	0.3	5:40	8:21	
7	Sat	3:39	3.8	4:22	3.7	9:47	0.1	10:19	0.4	5:40	8:22	
8	Sun	4:40	3.5	5:22	3.9	10:39	0.0	11:25	0.3	5:40	8:22	
9	Mon	5:37	3.3	6:15	4.2	11:29	0.0			5:40	8:23	
10	Tue	6:30	3.2	7:03	4.3	12:27	0.3	12:18	0.0	5:40	8:23	
11	Wed	7:18	3.1	7:48	4.4	1:22	0.2	1:04	0.0	5:40	8:24	
12	Thu	8:04	3.0	8:31	4.5	2:10	0.1	1:48	0.0	5:40	8:24	
13	Fri	8:48	3.0	9:14	4.5	2:54	0.1	2:30	0.0	5:40	8:25	
14	Sat	9:31	3.0	9:57	4.4	3:34	0.2	3:12	0.1	5:40	8:25	
15	Sun	10:14	3.0	10:40	4.3	4:14	0.3	3:53	0.2	5:40	8:26	
16	Mon	10:56	3.0	11:22	4.2	4:54	0.4	4:35	0.3	5:40	8:26	
17	Tue	11:39	3.0			5:34	0.6	5:18	0.5	5:40	8:26	
18	Wed	12:04	4.1	12:23	3.0	6:16	0.7	6:04	0.7	5:40	8:26	
19	Thu	12:46	3.9	1:08	3.0	6:58	0.8	6:53	0.8	5:40	8:27	
20	Fri	1:29	3.7	1:56	3.1	7:40	0.8	7:44	1.0	5:41	8:27	
21	Sat	2:14	3.5	2:47	3.2	8:22	0.8	8:39	1.0	5:41	8:27	
22	Sun	3:03	3.4	3:40	3.5	9:05	0.8	9:36	1.0	5:41	8:27	
23	Mon	3:55	3.3	4:34	3.8	9:51	0.7	10:34	0.9	5:41	8:27	
24	Tue	4:49	3.2	5:26	4.1	10:38	0.5	11:33	0.7	5:42	8:28	
25	Wed	5:43	3.2	6:18	4.5	11:29	0.3			5:42	8:28	
26	Thu	6:36	3.3	7:10	4.8	12:30	0.5	12:21	0.1	5:42	8:28	
27	Fri	7:29	3.3	8:02	5.0	1:26	0.2	1:14	-0.2	5:43	8:28	
28	Sat	8:21	3.4	8:55	5.2	2:19	-0.1	2:07	-0.4	5:43	8:28	
29	Sun	9:15	3.5	9:48	5.3	3:11	-0.2	3:00	-0.6	5:44	8:28	
30	Mon	10:09	3.6	10:41	5.2	4:02	-0.3	3:54	-0.6	5:44	8:28	