

Metompkin Inlet, VA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:17	4.4	10:36	3.8	3:44	0.6	4:17	0.6	6:58	6:45	
2	Fri	10:55	4.4	11:13	3.6	4:18	0.7	4:57	0.7	6:59	6:43	
3	Sat	11:34	4.4	11:51	3.4	4:53	0.8	5:40	0.9	7:00	6:42	
4	Sun			12:16	4.3	5:31	0.9	6:27	1.1	7:01	6:40	
5	Mon	12:32	3.2	1:03	4.3	6:15	1.0	7:21	1.3	7:01	6:39	
6	Tue	1:20	3.1	1:58	4.2	7:08	1.1	8:20	1.4	7:02	6:37	
7	Wed	2:18	3.0	3:01	4.2	8:09	1.1	9:22	1.3	7:03	6:36	
8	Thu	3:25	3.1	4:07	4.3	9:15	1.0	10:23	1.1	7:04	6:34	
9	Fri	4:33	3.3	5:10	4.5	10:21	0.7	11:20	0.8	7:05	6:33	
10	Sat	5:36	3.7	6:07	4.6	11:26	0.4			7:06	6:31	
11	Sun	6:32	4.2	7:00	4.7	12:13	0.4	12:28	0.0	7:07	6:30	
12	Mon	7:24	4.6	7:50	4.7	1:02	0.0	1:25	-0.3	7:08	6:29	
13	Tue	8:15	5.0	8:39	4.6	1:48	-0.3	2:20	-0.5	7:09	6:27	
14	Wed	9:05	5.3	9:28	4.4	2:33	-0.5	3:13	-0.6	7:10	6:26	
15	Thu	9:55	5.4	10:17	4.2	3:18	-0.6	4:05	-0.5	7:11	6:24	
16	Fri	10:45	5.4	11:06	3.9	4:04	-0.5	4:58	-0.3	7:12	6:23	
17	Sat	11:36	5.2	11:56	3.5	4:52	-0.3	5:53	0.1	7:13	6:22	
18	Sun			12:29	4.8	5:43	0.0	6:51	0.4	7:14	6:20	
19	Mon	12:49	3.3	1:25	4.5	6:39	0.4	7:54	0.8	7:14	6:19	
20	Tue	1:46	3.0	2:26	4.1	7:39	0.7	8:59	1.0	7:15	6:18	
21	Wed	2:51	2.9	3:34	3.9	8:43	0.9	10:03	1.1	7:16	6:16	
22	Thu	4:02	2.9	4:40	3.8	9:48	1.0	11:00	1.1	7:17	6:15	
23	Fri	5:08	3.1	5:36	3.8	10:51	1.0	11:46	1.0	7:18	6:14	
24	Sat	5:59	3.3	6:20	3.8	11:47	0.9			7:19	6:13	
25	Sun	6:41	3.6	6:59	3.8	12:23	0.9	12:36	0.8	7:20	6:11	
26	Mon	7:19	3.9	7:36	3.8	12:57	0.7	1:20	0.6	7:21	6:10	
27	Tue	7:56	4.2	8:13	3.8	1:29	0.6	2:00	0.5	7:22	6:09	
28	Wed	8:33	4.4	8:51	3.7	2:02	0.5	2:38	0.5	7:23	6:08	
29	Thu	9:11	4.5	9:29	3.6	2:35	0.4	3:16	0.4	7:24	6:07	
30	Fri	9:49	4.6	10:07	3.5	3:10	0.4	3:55	0.5	7:25	6:05	
31	Sat	10:29	4.6	10:46	3.4	3:46	0.5	4:36	0.6	7:27	6:04	