

Metompkin Inlet, VA - Jan 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:54	4.2			5:21	-0.3	6:05	-0.2	7:17	4:54	
2	Sat	12:23	3.5	12:45	3.8	6:20	-0.1	6:55	-0.2	7:17	4:55	
3	Sun	1:21	3.6	1:40	3.4	7:24	0.1	7:47	-0.3	7:17	4:56	
4	Mon	2:23	3.7	2:40	3.1	8:30	0.2	8:41	-0.3	7:17	4:57	
5	Tue	3:27	3.9	3:44	2.9	9:38	0.2	9:38	-0.3	7:17	4:57	
6	Wed	4:31	4.1	4:46	2.8	10:46	0.1	10:36	-0.4	7:17	4:58	
7	Thu	5:30	4.2	5:44	2.8	11:50	0.0	11:34	-0.5	7:17	4:59	
8	Fri	6:26	4.3	6:39	2.8			12:47	-0.2	7:17	5:00	
9	Sat	7:18	4.4	7:30	2.9	12:29	-0.7	1:38	-0.3	7:17	5:01	
10	Sun	8:08	4.4	8:18	3.0	1:19	-0.7	2:23	-0.3	7:17	5:02	
11	Mon	8:54	4.3	9:05	3.0	2:07	-0.8	3:06	-0.3	7:16	5:03	
12	Tue	9:37	4.2	9:49	3.1	2:52	-0.7	3:46	-0.2	7:16	5:04	
13	Wed	10:18	4.0	10:33	3.1	3:37	-0.5	4:25	-0.1	7:16	5:05	
14	Thu	10:58	3.8	11:16	3.1	4:21	-0.3	5:04	0.0	7:16	5:06	
15	Fri	11:38	3.5			5:07	0.0	5:43	0.2	7:15	5:07	
16	Sat	12:00	3.1	12:19	3.2	5:55	0.3	6:22	0.3	7:15	5:08	
17	Sun	12:46	3.1	1:02	2.9	6:46	0.5	7:04	0.4	7:15	5:09	
18	Mon	1:36	3.1	1:51	2.7	7:39	0.7	7:47	0.5	7:14	5:10	
19	Tue	2:30	3.2	2:44	2.5	8:35	0.8	8:35	0.5	7:14	5:11	
20	Wed	3:28	3.3	3:41	2.5	9:34	0.9	9:27	0.4	7:13	5:12	
21	Thu	4:24	3.5	4:37	2.5	10:33	0.8	10:21	0.3	7:13	5:13	
22	Fri	5:18	3.7	5:30	2.7	11:29	0.6	11:14	0.1	7:12	5:14	
23	Sat	6:09	4.0	6:19	2.8			12:21	0.4	7:12	5:16	
24	Sun	6:57	4.3	7:08	3.0	12:06	-0.2	1:08	0.1	7:11	5:17	
25	Mon	7:44	4.5	7:56	3.2	12:56	-0.5	1:52	-0.2	7:10	5:18	
26	Tue	8:30	4.6	8:44	3.5	1:44	-0.8	2:36	-0.4	7:10	5:19	
27	Wed	9:15	4.7	9:32	3.6	2:32	-0.9	3:19	-0.6	7:09	5:20	
28	Thu	10:01	4.6	10:20	3.8	3:21	-0.9	4:03	-0.7	7:08	5:21	
29	Fri	10:46	4.3	11:10	3.9	4:13	-0.8	4:48	-0.7	7:08	5:22	
30	Sat	11:33	4.0			5:08	-0.6	5:35	-0.6	7:07	5:23	
31	Sun	12:02	3.9	12:22	3.5	6:06	-0.4	6:25	-0.5	7:06	5:24	