

Metompkin Inlet, VA - May 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:01	3.8	3:32	2.9	9:25	0.6	9:24	0.6	6:06	7:52	
2	Sun	4:07	3.6	4:40	3.0	10:22	0.7	10:29	0.7	6:05	7:53	
3	Mon	5:08	3.4	5:36	3.2	11:13	0.7	11:30	0.6	6:04	7:54	
4	Tue	5:58	3.4	6:22	3.5	11:56	0.6			6:03	7:55	
5	Wed	6:41	3.3	7:02	3.7	12:24	0.6	12:33	0.5	6:01	7:56	
6	Thu	7:21	3.3	7:40	4.0	1:11	0.4	1:09	0.4	6:00	7:57	
7	Fri	7:59	3.3	8:18	4.2	1:52	0.3	1:44	0.4	5:59	7:58	
8	Sat	8:38	3.3	8:56	4.3	2:30	0.3	2:19	0.3	5:58	7:59	
9	Sun	9:17	3.3	9:35	4.4	3:08	0.2	2:55	0.3	5:57	7:59	
10	Mon	9:57	3.2	10:15	4.4	3:46	0.3	3:32	0.4	5:56	8:00	
11	Tue	10:36	3.2	10:56	4.4	4:25	0.4	4:11	0.4	5:55	8:01	
12	Wed	11:17	3.1	11:39	4.3	5:06	0.5	4:51	0.5	5:55	8:02	
13	Thu	11:59	3.0			5:51	0.6	5:36	0.6	5:54	8:03	
14	Fri	12:23	4.2	12:44	3.0	6:39	0.7	6:26	0.7	5:53	8:04	
15	Sat	1:11	4.1	1:35	3.0	7:30	0.7	7:23	0.7	5:52	8:05	
16	Sun	2:03	4.0	2:33	3.1	8:22	0.7	8:25	0.7	5:51	8:06	
17	Mon	3:00	4.0	3:35	3.4	9:14	0.5	9:29	0.6	5:50	8:06	
18	Tue	4:00	3.9	4:37	3.8	10:07	0.3	10:33	0.4	5:50	8:07	
19	Wed	5:00	3.8	5:35	4.2	10:59	0.1	11:38	0.1	5:49	8:08	
20	Thu	5:57	3.8	6:30	4.6	11:51	-0.2			5:48	8:09	
21	Fri	6:52	3.8	7:23	5.0	12:39	-0.2	12:43	-0.4	5:47	8:10	
22	Sat	7:45	3.7	8:15	5.2	1:38	-0.4	1:34	-0.6	5:47	8:11	
23	Sun	8:38	3.6	9:08	5.3	2:33	-0.6	2:25	-0.7	5:46	8:11	
24	Mon	9:31	3.6	10:01	5.2	3:26	-0.6	3:15	-0.7	5:46	8:12	
25	Tue	10:23	3.4	10:53	5.0	4:18	-0.5	4:06	-0.6	5:45	8:13	
26	Wed	11:15	3.3	11:45	4.8	5:11	-0.3	4:59	-0.4	5:44	8:14	
27	Thu			12:08	3.2	6:05	-0.1	5:54	-0.1	5:44	8:14	
28	Fri	12:38	4.4	1:02	3.1	6:59	0.2	6:52	0.2	5:44	8:15	
29	Sat	1:30	4.1	1:58	3.1	7:53	0.4	7:52	0.5	5:43	8:16	
30	Sun	2:24	3.7	2:57	3.1	8:45	0.5	8:52	0.7	5:43	8:17	
31	Mon	3:20	3.4	3:57	3.2	9:32	0.6	9:53	0.8	5:42	8:17	