

Metompkin Inlet, VA - Sep 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:35	3.4	7:09	4.6	12:30	1.1	12:21	0.5	6:32	7:31	
2	Thu	7:24	3.7	7:55	4.8	1:17	0.7	1:13	0.2	6:33	7:30	
3	Fri	8:11	4.0	8:40	4.9	2:00	0.4	2:03	-0.1	6:34	7:28	
4	Sat	8:58	4.4	9:25	4.9	2:42	0.1	2:53	-0.3	6:35	7:27	
5	Sun	9:45	4.7	10:10	4.8	3:23	-0.2	3:42	-0.4	6:36	7:25	
6	Mon	10:33	4.9	10:56	4.6	4:05	-0.3	4:33	-0.3	6:37	7:24	
7	Tue	11:22	5.0	11:43	4.2	4:49	-0.3	5:26	-0.1	6:37	7:22	
8	Wed			12:13	5.0	5:35	-0.2	6:23	0.1	6:38	7:21	
9	Thu	12:32	3.8	1:07	4.8	6:26	0.0	7:25	0.5	6:39	7:19	
10	Fri	1:26	3.5	2:07	4.6	7:22	0.2	8:31	0.7	6:40	7:18	
11	Sat	2:27	3.2	3:15	4.4	8:23	0.4	9:40	0.9	6:41	7:16	
12	Sun	3:37	3.0	4:28	4.3	9:29	0.5	10:52	0.9	6:42	7:15	
13	Mon	4:51	3.0	5:38	4.3	10:36	0.5	11:58	0.8	6:42	7:13	
14	Tue	5:58	3.2	6:37	4.3	11:42	0.5			6:43	7:12	
15	Wed	6:53	3.4	7:25	4.4	12:52	0.7	12:41	0.3	6:44	7:10	
16	Thu	7:39	3.6	8:06	4.3	1:35	0.5	1:32	0.2	6:45	7:08	
17	Fri	8:20	3.9	8:44	4.3	2:11	0.4	2:17	0.1	6:46	7:07	
18	Sat	8:59	4.1	9:21	4.2	2:45	0.3	2:58	0.1	6:47	7:05	
19	Sun	9:38	4.2	9:58	4.0	3:17	0.3	3:37	0.2	6:47	7:04	
20	Mon	10:16	4.3	10:35	3.9	3:49	0.4	4:16	0.4	6:48	7:02	
21	Tue	10:54	4.3	11:12	3.7	4:21	0.5	4:56	0.6	6:49	7:01	
22	Wed	11:33	4.3	11:51	3.5	4:56	0.7	5:37	0.8	6:50	6:59	
23	Thu			12:14	4.2	5:33	0.9	6:22	1.1	6:51	6:58	
24	Fri	12:31	3.2	12:58	4.1	6:14	1.1	7:12	1.4	6:52	6:56	
25	Sat	1:15	3.1	1:49	3.9	7:00	1.2	8:06	1.5	6:53	6:54	
26	Sun	2:05	2.9	2:46	3.9	7:54	1.3	9:04	1.6	6:53	6:53	
27	Mon	3:06	2.9	3:49	4.0	8:54	1.3	10:03	1.5	6:54	6:51	
28	Tue	4:10	3.0	4:50	4.1	9:55	1.1	10:59	1.3	6:55	6:50	
29	Wed	5:12	3.3	5:46	4.3	10:56	0.9	11:51	1.0	6:56	6:48	
30	Thu	6:06	3.7	6:36	4.6	11:55	0.6			6:57	6:47	