

Metompkin Inlet, VA - Oct 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:56	4.1	7:23	4.7	12:39	0.6	12:50	0.2	6:58	6:45	
2	Sat	7:45	4.6	8:10	4.8	1:23	0.2	1:44	-0.1	6:59	6:44	
3	Sun	8:33	5.0	8:57	4.7	2:07	-0.1	2:35	-0.4	6:59	6:42	
4	Mon	9:21	5.3	9:44	4.5	2:50	-0.4	3:26	-0.5	7:00	6:41	
5	Tue	10:10	5.4	10:33	4.3	3:35	-0.5	4:18	-0.4	7:01	6:39	
6	Wed	11:01	5.4	11:22	4.0	4:21	-0.4	5:12	-0.2	7:02	6:38	
7	Thu	11:53	5.3			5:10	-0.2	6:09	0.1	7:03	6:36	
8	Fri	12:14	3.7	12:49	5.0	6:03	0.0	7:11	0.5	7:04	6:35	
9	Sat	1:10	3.4	1:50	4.6	7:03	0.3	8:17	0.7	7:05	6:33	
10	Sun	2:13	3.1	2:58	4.4	8:07	0.5	9:26	0.9	7:06	6:32	
11	Mon	3:25	3.0	4:11	4.2	9:16	0.7	10:33	0.9	7:07	6:30	
12	Tue	4:41	3.1	5:19	4.1	10:25	0.7	11:33	0.8	7:08	6:29	
13	Wed	5:46	3.3	6:14	4.0	11:30	0.7			7:09	6:28	
14	Thu	6:36	3.6	6:58	4.0	12:21	0.7	12:28	0.6	7:09	6:26	
15	Fri	7:18	3.8	7:37	3.9	1:01	0.6	1:17	0.5	7:10	6:25	
16	Sat	7:55	4.1	8:13	3.9	1:35	0.5	1:59	0.4	7:11	6:23	
17	Sun	8:32	4.3	8:50	3.8	2:07	0.4	2:38	0.3	7:12	6:22	
18	Mon	9:09	4.4	9:27	3.7	2:39	0.4	3:15	0.4	7:13	6:21	
19	Tue	9:46	4.5	10:04	3.6	3:12	0.4	3:53	0.5	7:14	6:19	
20	Wed	10:25	4.5	10:43	3.5	3:46	0.5	4:31	0.6	7:15	6:18	
21	Thu	11:04	4.4	11:22	3.3	4:21	0.7	5:11	0.8	7:16	6:17	
22	Fri	11:46	4.3			4:59	0.8	5:55	1.1	7:17	6:15	
23	Sat	12:02	3.2	12:29	4.2	5:40	1.0	6:44	1.2	7:18	6:14	
24	Sun	12:46	3.0	1:18	4.1	6:28	1.1	7:36	1.4	7:19	6:13	
25	Mon	1:36	2.9	2:12	4.0	7:22	1.2	8:32	1.4	7:20	6:12	
26	Tue	2:34	3.0	3:10	4.0	8:23	1.2	9:27	1.2	7:21	6:10	
27	Wed	3:38	3.1	4:10	4.1	9:25	1.0	10:20	1.0	7:22	6:09	
28	Thu	4:40	3.5	5:07	4.2	10:28	0.8	11:11	0.6	7:23	6:08	
29	Fri	5:37	3.9	6:01	4.3	11:30	0.5			7:24	6:07	
30	Sat	6:29	4.4	6:51	4.3	12:00	0.3	12:29	0.1	7:25	6:06	
31	Sun	7:19	4.9	7:41	4.3	12:47	-0.1	1:25	-0.2	7:26	6:05	