

Newport News, VA - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:57	2.3	2:11	2.7	7:50	0.7	9:03	0.7	6:29	5:08	
2	Sun	2:50	2.3	3:04	2.6	8:50	0.8	9:54	0.7	6:30	5:07	
3	Mon	3:51	2.4	4:03	2.6	9:54	0.7	10:42	0.6	6:31	5:06	
4	Tue	4:53	2.5	5:02	2.6	10:56	0.7	11:26	0.5	6:32	5:05	
5	Wed	5:45	2.7	5:54	2.6	11:52	0.6			6:33	5:04	
6	Thu	6:29	2.9	6:40	2.7	12:06	0.4	12:42	0.5	6:35	5:03	
7	Fri	7:11	3.1	7:24	2.7	12:46	0.3	1:30	0.3	6:36	5:02	
8	Sat	7:52	3.3	8:08	2.7	1:27	0.2	2:18	0.2	6:37	5:02	
9	Sun	8:35	3.4	8:53	2.8	2:10	0.1	3:04	0.1	6:38	5:01	
10	Mon	9:19	3.5	9:38	2.7	2:54	0.0	3:50	0.1	6:39	5:00	
11	Tue	10:05	3.6	10:25	2.7	3:38	0.0	4:36	0.1	6:40	4:59	
12	Wed	10:54	3.5	11:15	2.6	4:24	0.0	5:26	0.2	6:41	4:58	
13	Thu	11:47	3.4			5:14	0.1	6:21	0.2	6:42	4:57	
14	Fri	12:11	2.6	12:44	3.3	6:12	0.1	7:22	0.3	6:43	4:57	
15	Sat	1:11	2.5	1:44	3.1	7:19	0.2	8:23	0.3	6:44	4:56	
16	Sun	2:15	2.5	2:46	2.9	8:31	0.3	9:24	0.3	6:45	4:55	
17	Mon	3:24	2.6	3:52	2.8	9:45	0.3	10:23	0.2	6:46	4:55	
18	Tue	4:38	2.7	5:01	2.7	10:57	0.3	11:17	0.1	6:47	4:54	
19	Wed	5:44	2.9	6:01	2.6			12:01	0.2	6:48	4:53	
20	Thu	6:39	3.1	6:53	2.6	12:07	0.1	12:58	0.2	6:49	4:53	
21	Fri	7:27	3.2	7:40	2.6	12:54	0.0	1:51	0.1	6:50	4:52	
22	Sat	8:12	3.2	8:26	2.5	1:40	0.0	2:40	0.1	6:51	4:52	
23	Sun	8:54	3.2	9:09	2.5	2:24	0.0	3:24	0.1	6:52	4:51	
24	Mon	9:33	3.1	9:50	2.5	3:05	0.0	4:04	0.1	6:53	4:51	
25	Tue	10:10	3.1	10:30	2.4	3:44	0.1	4:42	0.2	6:54	4:51	
26	Wed	10:47	2.9	11:10	2.3	4:21	0.1	5:20	0.2	6:55	4:50	
27	Thu	11:25	2.8	11:53	2.2	4:58	0.2	6:00	0.3	6:56	4:50	
28	Fri			12:06	2.7	5:37	0.3	6:42	0.3	6:57	4:50	
29	Sat	12:38	2.2	12:48	2.6	6:22	0.4	7:25	0.4	6:58	4:49	
30	Sun	1:23	2.1	1:31	2.5	7:13	0.4	8:08	0.4	6:59	4:49	