

Newport News, VA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:57	2.1	3:07	1.8	9:23	0.2	9:25	0.0	7:18	4:59	
2	Fri	3:53	2.2	4:07	1.8	10:28	0.2	10:22	-0.1	7:19	5:00	
3	Sat	4:56	2.3	5:14	1.8	11:32	0.1	11:21	-0.1	7:19	5:01	
4	Sun	5:57	2.5	6:16	1.8			12:33	0.0	7:19	5:02	
5	Mon	6:56	2.7	7:15	1.9	12:19	-0.3	1:32	-0.2	7:19	5:02	
6	Tue	7:53	2.9	8:12	2.1	1:18	-0.4	2:28	-0.3	7:19	5:03	
7	Wed	8:48	3.0	9:08	2.2	2:16	-0.5	3:20	-0.4	7:19	5:04	
8	Thu	9:41	3.1	10:01	2.3	3:13	-0.6	4:09	-0.5	7:19	5:05	
9	Fri	10:32	3.1	10:54	2.4	4:07	-0.6	4:56	-0.5	7:19	5:06	
10	Sat	11:22	2.9	11:47	2.5	5:01	-0.6	5:43	-0.5	7:19	5:07	
11	Sun			12:13	2.7	5:57	-0.5	6:33	-0.5	7:18	5:08	
12	Mon	12:42	2.5	1:04	2.5	6:58	-0.4	7:23	-0.4	7:18	5:09	
13	Tue	1:38	2.5	1:55	2.2	8:01	-0.2	8:14	-0.3	7:18	5:10	
14	Wed	2:33	2.4	2:48	2.0	9:05	-0.1	9:07	-0.3	7:18	5:11	
15	Thu	3:34	2.3	3:47	1.8	10:11	0.0	10:03	-0.2	7:18	5:12	
16	Fri	4:43	2.3	4:54	1.7	11:16	0.0	11:00	-0.1	7:17	5:13	
17	Sat	5:49	2.3	5:58	1.7			12:16	0.1	7:17	5:14	
18	Sun	6:44	2.3	6:53	1.7			1:10	0.0	7:16	5:15	
19	Mon	7:33	2.3	7:43	1.8	12:49	-0.1	2:00	0.0	7:16	5:16	
20	Tue	8:17	2.4	8:29	1.9	1:39	-0.2	2:44	-0.1	7:16	5:17	
21	Wed	8:56	2.4	9:11	1.9	2:25	-0.2	3:22	-0.1	7:15	5:18	
22	Thu	9:32	2.4	9:49	2.0	3:07	-0.2	3:55	-0.2	7:15	5:19	
23	Fri	10:05	2.4	10:25	2.0	3:45	-0.2	4:26	-0.2	7:14	5:20	
24	Sat	10:37	2.4	11:00	2.1	4:21	-0.2	4:55	-0.2	7:13	5:21	
25	Sun	11:10	2.3	11:35	2.1	4:56	-0.2	5:24	-0.2	7:13	5:22	
26	Mon	11:44	2.2			5:33	-0.1	5:55	-0.2	7:12	5:23	
27	Tue	12:11	2.1	12:20	2.1	6:13	-0.1	6:29	-0.2	7:12	5:25	
28	Wed	12:49	2.1	12:59	2.0	6:58	0.0	7:07	-0.1	7:11	5:26	
29	Thu	1:30	2.2	1:41	1.9	7:48	0.1	7:52	-0.1	7:10	5:27	
30	Fri	2:16	2.2	2:30	1.8	8:45	0.1	8:43	-0.1	7:09	5:28	
31	Sat	3:10	2.2	3:28	1.7	9:51	0.1	9:44	-0.1	7:09	5:29	