

Newport News, VA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:43	2.5	3:04	1.9	9:26	0.2	9:21	0.0	6:36	5:59	
2	Mon	3:52	2.5	4:18	1.9	10:40	0.2	10:35	0.0	6:35	6:00	
3	Tue	5:11	2.5	5:35	2.0	11:48	0.1	11:48	-0.1	6:34	6:01	
4	Wed	6:21	2.7	6:43	2.2			12:49	0.0	6:32	6:02	
5	Thu	7:22	2.9	7:43	2.5	12:54	-0.3	1:44	-0.2	6:31	6:03	
6	Fri	8:17	3.0	8:38	2.8	1:56	-0.4	2:35	-0.3	6:29	6:04	
7	Sat	9:08	3.0	9:28	3.0	2:54	-0.5	3:21	-0.4	6:28	6:05	
8	Sun	9:55	3.0	10:16	3.1	3:46	-0.5	4:04	-0.4	6:26	6:06	
9	Mon	10:41	2.9	11:03	3.1	4:36	-0.5	4:46	-0.4	6:25	6:07	
10	Tue	11:26	2.7	11:50	3.0	5:25	-0.3	5:29	-0.3	6:24	6:08	
11	Wed			12:11	2.5	6:16	-0.2	6:13	-0.2	6:22	6:09	
12	Thu	12:38	2.8	12:58	2.3	7:10	0.0	7:02	0.0	6:21	6:09	
13	Fri	1:27	2.6	1:46	2.1	8:05	0.2	7:54	0.1	6:19	6:10	
14	Sat	2:18	2.4	2:38	2.0	9:04	0.3	8:51	0.2	6:18	6:11	
15	Sun	3:16	2.3	3:40	1.9	10:07	0.4	9:54	0.3	6:16	6:12	
16	Mon	4:30	2.2	4:54	1.9	11:10	0.4	11:00	0.3	6:15	6:13	
17	Tue	5:42	2.2	5:59	2.0			12:04	0.4	6:13	6:14	
18	Wed	6:35	2.3	6:50	2.1			12:50	0.3	6:12	6:15	
19	Thu	7:19	2.4	7:35	2.3	12:51	0.2	1:31	0.3	6:10	6:16	
20	Fri	7:58	2.5	8:15	2.5	1:38	0.1	2:08	0.2	6:09	6:17	
21	Sat	8:34	2.5	8:51	2.6	2:22	0.1	2:42	0.1	6:07	6:18	
22	Sun	9:09	2.6	9:26	2.8	3:02	0.0	3:14	0.0	6:06	6:18	
23	Mon	9:43	2.6	9:59	2.8	3:40	0.0	3:45	0.0	6:04	6:19	
24	Tue	10:16	2.5	10:33	2.9	4:15	0.0	4:15	0.0	6:03	6:20	
25	Wed	10:51	2.5	11:09	2.9	4:51	0.0	4:48	0.0	6:01	6:21	
26	Thu	11:29	2.4	11:50	2.9	5:30	0.0	5:25	0.0	6:00	6:22	
27	Fri			12:12	2.4	6:14	0.1	6:09	0.1	5:58	6:23	
28	Sat	12:36	2.8	12:59	2.3	7:06	0.2	7:01	0.1	5:57	6:24	
29	Sun	1:29	2.8	1:53	2.2	8:06	0.3	8:03	0.2	5:56	6:25	
30	Mon	2:28	2.7	2:54	2.2	9:12	0.3	9:13	0.2	5:54	6:26	
31	Tue	3:37	2.7	4:07	2.2	10:21	0.3	10:29	0.2	5:53	6:26	