

Newport News, VA - Jun 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:10	2.5	8:38	3.2	2:19	0.1	2:06	0.0	5:47	8:19	
2	Tue	9:01	2.5	9:26	3.2	3:12	0.1	2:56	0.1	5:47	8:19	
3	Wed	9:49	2.5	10:11	3.2	4:01	0.1	3:44	0.1	5:46	8:20	
4	Thu	10:35	2.5	10:53	3.1	4:45	0.1	4:29	0.1	5:46	8:21	
5	Fri	11:19	2.5	11:33	3.0	5:26	0.1	5:11	0.2	5:46	8:21	
6	Sat			12:01	2.4	6:06	0.2	5:52	0.2	5:46	8:22	
7	Sun	12:13	2.9	12:45	2.4	6:46	0.2	6:34	0.3	5:45	8:22	
8	Mon	12:54	2.7	1:30	2.4	7:26	0.3	7:20	0.4	5:45	8:23	
9	Tue	1:36	2.6	2:14	2.4	8:07	0.3	8:11	0.5	5:45	8:24	
10	Wed	2:19	2.5	2:57	2.4	8:47	0.4	9:03	0.5	5:45	8:24	
11	Thu	3:02	2.4	3:41	2.4	9:27	0.4	9:58	0.5	5:45	8:25	
12	Fri	3:47	2.3	4:28	2.5	10:08	0.4	10:55	0.5	5:45	8:25	
13	Sat	4:38	2.2	5:20	2.6	10:53	0.4	11:52	0.5	5:45	8:25	
14	Sun	5:36	2.1	6:14	2.7	11:41	0.3			5:45	8:26	
15	Mon	6:33	2.1	7:04	2.9	12:47	0.4	12:30	0.3	5:45	8:26	
16	Tue	7:27	2.2	7:53	3.0	1:39	0.3	1:21	0.2	5:45	8:27	
17	Wed	8:18	2.3	8:43	3.1	2:31	0.2	2:12	0.1	5:45	8:27	
18	Thu	9:10	2.4	9:35	3.2	3:23	0.1	3:06	0.1	5:45	8:27	
19	Fri	10:02	2.5	10:26	3.3	4:13	0.0	4:00	0.0	5:45	8:28	
20	Sat	10:53	2.5	11:17	3.3	5:00	0.0	4:52	-0.1	5:46	8:28	
21	Sun	11:44	2.6			5:48	-0.1	5:45	-0.1	5:46	8:28	
22	Mon	12:09	3.3	12:38	2.7	6:37	-0.1	6:42	0.0	5:46	8:28	
23	Tue	1:03	3.2	1:35	2.8	7:28	-0.1	7:45	0.0	5:46	8:28	
24	Wed	1:57	3.0	2:31	2.9	8:21	0.0	8:50	0.1	5:47	8:29	
25	Thu	2:51	2.8	3:28	2.9	9:13	0.0	9:56	0.2	5:47	8:29	
26	Fri	3:46	2.6	4:27	3.0	10:06	0.0	11:03	0.2	5:47	8:29	
27	Sat	4:46	2.4	5:31	3.0	11:00	0.1			5:48	8:29	
28	Sun	5:51	2.3	6:34	3.0	12:07	0.2	11:55 AM	0.1	5:48	8:29	
29	Mon	6:53	2.3	7:30	3.0	1:07	0.2	12:49	0.1	5:48	8:29	
30	Tue	7:49	2.3	8:21	3.0	2:03	0.2	1:42	0.1	5:49	8:29	