

Newport News, VA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:41	2.3	9:09	3.0	2:55	0.2	2:34	0.1	5:49	8:29	
2	Thu	9:31	2.4	9:54	3.0	3:44	0.2	3:24	0.2	5:50	8:29	
3	Fri	10:17	2.4	10:34	2.9	4:27	0.1	4:10	0.2	5:50	8:29	
4	Sat	10:59	2.4	11:12	2.9	5:05	0.1	4:52	0.2	5:51	8:28	
5	Sun	11:40	2.5	11:48	2.8	5:41	0.2	5:32	0.2	5:51	8:28	
6	Mon			12:20	2.5	6:15	0.2	6:11	0.3	5:52	8:28	
7	Tue	12:25	2.7	12:59	2.5	6:48	0.2	6:52	0.4	5:52	8:28	
8	Wed	1:03	2.6	1:39	2.5	7:22	0.3	7:37	0.4	5:53	8:28	
9	Thu	1:42	2.5	2:18	2.5	7:57	0.3	8:26	0.5	5:53	8:27	
10	Fri	2:22	2.4	2:57	2.6	8:34	0.3	9:16	0.5	5:54	8:27	
11	Sat	3:04	2.3	3:40	2.6	9:14	0.3	10:09	0.5	5:55	8:27	
12	Sun	3:50	2.2	4:28	2.7	9:59	0.3	11:08	0.5	5:55	8:26	
13	Mon	4:44	2.1	5:25	2.8	10:51	0.3			5:56	8:26	
14	Tue	5:47	2.1	6:25	2.9	12:08	0.4	11:48 AM	0.3	5:57	8:25	
15	Wed	6:50	2.2	7:24	3.0	1:07	0.4	12:47	0.2	5:57	8:25	
16	Thu	7:49	2.3	8:20	3.2	2:03	0.3	1:47	0.1	5:58	8:24	
17	Fri	8:46	2.4	9:16	3.3	2:59	0.1	2:46	0.0	5:59	8:24	
18	Sat	9:42	2.6	10:10	3.4	3:52	0.0	3:45	-0.1	5:59	8:23	
19	Sun	10:36	2.8	11:02	3.4	4:41	-0.1	4:41	-0.1	6:00	8:23	
20	Mon	11:29	2.9	11:53	3.4	5:27	-0.1	5:36	-0.1	6:01	8:22	
21	Tue			12:22	3.0	6:14	-0.2	6:32	-0.1	6:02	8:22	
22	Wed	12:45	3.2	1:16	3.1	7:02	-0.1	7:33	0.0	6:02	8:21	
23	Thu	1:37	3.0	2:11	3.2	7:51	-0.1	8:36	0.1	6:03	8:20	
24	Fri	2:29	2.8	3:06	3.1	8:43	0.0	9:39	0.2	6:04	8:19	
25	Sat	3:22	2.6	4:02	3.1	9:35	0.1	10:44	0.3	6:05	8:19	
26	Sun	4:19	2.4	5:06	3.0	10:30	0.2	11:49	0.4	6:05	8:18	
27	Mon	5:25	2.3	6:13	3.0	11:29	0.2			6:06	8:17	
28	Tue	6:32	2.2	7:13	2.9	12:49	0.4	12:28	0.3	6:07	8:16	
29	Wed	7:32	2.3	8:06	2.9	1:44	0.4	1:24	0.3	6:08	8:15	
30	Thu	8:24	2.4	8:52	2.9	2:36	0.4	2:17	0.3	6:09	8:15	
31	Fri	9:13	2.5	9:35	3.0	3:22	0.3	3:07	0.3	6:09	8:14	