

Newport News, VA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:57	2.6	10:12	3.0	4:03	0.3	3:52	0.3	6:10	8:13	
2	Sun	10:37	2.6	10:48	2.9	4:38	0.2	4:33	0.3	6:11	8:12	
3	Mon	11:15	2.7	11:21	2.9	5:10	0.2	5:11	0.3	6:12	8:11	
4	Tue	11:50	2.7	11:55	2.8	5:40	0.2	5:48	0.3	6:13	8:10	
5	Wed			12:25	2.8	6:09	0.2	6:25	0.4	6:14	8:09	
6	Thu	12:30	2.7	1:01	2.8	6:38	0.3	7:05	0.5	6:14	8:08	
7	Fri	1:06	2.6	1:37	2.8	7:10	0.3	7:49	0.5	6:15	8:07	
8	Sat	1:45	2.5	2:16	2.8	7:47	0.4	8:37	0.6	6:16	8:06	
9	Sun	2:26	2.4	2:58	2.9	8:28	0.4	9:30	0.6	6:17	8:05	
10	Mon	3:12	2.3	3:47	2.9	9:17	0.4	10:30	0.6	6:18	8:03	
11	Tue	4:06	2.3	4:46	2.9	10:13	0.4	11:36	0.6	6:19	8:02	
12	Wed	5:11	2.2	5:55	3.0	11:18	0.4			6:19	8:01	
13	Thu	6:23	2.3	7:01	3.2	12:40	0.5	12:25	0.3	6:20	8:00	
14	Fri	7:28	2.5	8:02	3.3	1:39	0.4	1:30	0.2	6:21	7:59	
15	Sat	8:28	2.7	8:59	3.5	2:35	0.2	2:33	0.1	6:22	7:58	
16	Sun	9:25	2.9	9:53	3.5	3:28	0.1	3:33	0.0	6:23	7:56	
17	Mon	10:19	3.2	10:44	3.5	4:16	0.0	4:30	-0.1	6:24	7:55	
18	Tue	11:10	3.4	11:33	3.4	5:02	-0.1	5:24	-0.1	6:24	7:54	
19	Wed			12:00	3.5	5:46	-0.1	6:18	0.0	6:25	7:52	
20	Thu	12:22	3.3	12:52	3.5	6:31	-0.1	7:15	0.1	6:26	7:51	
21	Fri	1:12	3.1	1:45	3.5	7:19	0.0	8:16	0.3	6:27	7:50	
22	Sat	2:04	2.8	2:39	3.4	8:10	0.2	9:17	0.4	6:28	7:49	
23	Sun	2:56	2.6	3:34	3.2	9:04	0.3	10:21	0.5	6:28	7:47	
24	Mon	3:53	2.5	4:37	3.1	10:02	0.4	11:26	0.6	6:29	7:46	
25	Tue	4:58	2.4	5:48	3.0	11:04	0.5			6:30	7:45	
26	Wed	6:11	2.4	6:53	2.9	12:27	0.6	12:08	0.5	6:31	7:43	
27	Thu	7:13	2.5	7:45	3.0	1:21	0.6	1:06	0.5	6:32	7:42	
28	Fri	8:05	2.6	8:29	3.0	2:09	0.6	1:59	0.5	6:33	7:40	
29	Sat	8:51	2.7	9:09	3.0	2:52	0.5	2:47	0.5	6:33	7:39	
30	Sun	9:32	2.9	9:45	3.1	3:30	0.4	3:32	0.4	6:34	7:38	
31	Mon	10:10	3.0	10:19	3.1	4:04	0.4	4:12	0.4	6:35	7:36	