

Newport News, VA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:08	3.0	12:42	2.6	6:35	0.1	6:34	0.2	5:47	8:19	
2	Wed	12:50	2.9	1:27	2.6	7:18	0.1	7:25	0.2	5:47	8:20	
3	Thu	1:37	2.9	2:15	2.7	8:05	0.1	8:21	0.2	5:46	8:20	
4	Fri	2:26	2.8	3:05	2.7	8:55	0.1	9:21	0.2	5:46	8:21	
5	Sat	3:19	2.7	4:00	2.8	9:48	0.1	10:26	0.2	5:46	8:22	
6	Sun	4:17	2.6	5:01	2.9	10:44	0.1	11:32	0.2	5:46	8:22	
7	Mon	5:22	2.6	6:06	3.1	11:43	0.0			5:45	8:23	
8	Tue	6:29	2.6	7:07	3.2	12:37	0.1	12:42	0.0	5:45	8:23	
9	Wed	7:31	2.6	8:05	3.4	1:39	0.0	1:39	-0.1	5:45	8:24	
10	Thu	8:30	2.7	9:02	3.4	2:38	-0.1	2:37	-0.1	5:45	8:24	
11	Fri	9:28	2.7	9:57	3.5	3:35	-0.1	3:33	-0.2	5:45	8:25	
12	Sat	10:23	2.8	10:49	3.4	4:28	-0.2	4:27	-0.2	5:45	8:25	
13	Sun	11:15	2.8	11:38	3.3	5:16	-0.2	5:19	-0.1	5:45	8:26	
14	Mon			12:05	2.8	6:04	-0.1	6:09	0.0	5:45	8:26	
15	Tue	12:27	3.1	12:56	2.7	6:51	0.0	7:02	0.1	5:45	8:26	
16	Wed	1:15	2.9	1:47	2.7	7:39	0.1	7:58	0.2	5:45	8:27	
17	Thu	2:02	2.7	2:36	2.6	8:26	0.1	8:54	0.3	5:45	8:27	
18	Fri	2:49	2.6	3:23	2.6	9:12	0.2	9:50	0.4	5:45	8:27	
19	Sat	3:35	2.4	4:12	2.6	9:57	0.3	10:46	0.4	5:45	8:28	
20	Sun	4:26	2.3	5:06	2.6	10:42	0.3	11:42	0.4	5:46	8:28	
21	Mon	5:23	2.2	6:01	2.6	11:30	0.3			5:46	8:28	
22	Tue	6:21	2.2	6:52	2.7	12:35	0.4	12:17	0.3	5:46	8:28	
23	Wed	7:14	2.2	7:38	2.8	1:24	0.4	1:04	0.3	5:46	8:28	
24	Thu	8:02	2.3	8:21	2.8	2:11	0.3	1:50	0.3	5:47	8:29	
25	Fri	8:47	2.3	9:04	2.9	2:56	0.2	2:37	0.2	5:47	8:29	
26	Sat	9:32	2.4	9:45	3.0	3:39	0.2	3:23	0.1	5:47	8:29	
27	Sun	10:14	2.5	10:26	3.0	4:18	0.1	4:07	0.1	5:48	8:29	
28	Mon	10:56	2.6	11:06	3.1	4:56	0.0	4:50	0.1	5:48	8:29	
29	Tue	11:37	2.6	11:47	3.0	5:34	0.0	5:34	0.1	5:49	8:29	
30	Wed			12:21	2.7	6:13	0.0	6:20	0.1	5:49	8:29	