

Newport News, VA - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:43	2.5	5:52	2.2	11:59	0.3	11:55	0.2	7:00	4:49	
2	Thu	6:30	2.6	6:39	2.2			12:49	0.3	7:01	4:49	
3	Fri	7:12	2.7	7:23	2.3	12:38	0.1	1:35	0.2	7:02	4:49	
4	Sat	7:52	2.8	8:06	2.3	1:20	0.1	2:18	0.1	7:03	4:48	
5	Sun	8:30	2.8	8:46	2.3	2:01	0.0	2:58	0.1	7:04	4:48	
6	Mon	9:06	2.9	9:25	2.3	2:41	0.0	3:35	0.0	7:05	4:48	
7	Tue	9:42	2.9	10:03	2.3	3:19	0.0	4:10	0.0	7:05	4:48	
8	Wed	10:17	2.8	10:41	2.3	3:55	0.0	4:44	0.0	7:06	4:49	
9	Thu	10:53	2.8	11:20	2.3	4:32	0.0	5:19	0.0	7:07	4:49	
10	Fri	11:31	2.7			5:12	0.0	5:57	0.0	7:08	4:49	
11	Sat	12:02	2.3	12:13	2.7	5:56	0.0	6:40	0.0	7:09	4:49	
12	Sun	12:47	2.3	12:59	2.6	6:47	0.1	7:27	0.0	7:09	4:49	
13	Mon	1:36	2.4	1:48	2.5	7:44	0.1	8:17	-0.1	7:10	4:49	
14	Tue	2:28	2.4	2:42	2.4	8:46	0.1	9:12	-0.1	7:11	4:50	
15	Wed	3:26	2.5	3:42	2.3	9:54	0.1	10:11	-0.2	7:11	4:50	
16	Thu	4:32	2.6	4:50	2.3	11:02	0.0	11:11	-0.2	7:12	4:50	
17	Fri	5:38	2.8	5:56	2.3			12:07	-0.1	7:13	4:51	
18	Sat	6:39	3.0	6:57	2.4	12:10	-0.3	1:08	-0.2	7:13	4:51	
19	Sun	7:36	3.1	7:55	2.4	1:07	-0.4	2:06	-0.3	7:14	4:51	
20	Mon	8:32	3.2	8:52	2.5	2:05	-0.5	3:01	-0.4	7:14	4:52	
21	Tue	9:25	3.2	9:45	2.5	3:00	-0.5	3:52	-0.4	7:15	4:52	
22	Wed	10:15	3.2	10:36	2.5	3:52	-0.5	4:40	-0.4	7:15	4:53	
23	Thu	11:04	3.0	11:28	2.5	4:43	-0.5	5:27	-0.4	7:16	4:53	
24	Fri	11:52	2.8			5:34	-0.3	6:15	-0.3	7:16	4:54	
25	Sat	12:19	2.4	12:40	2.6	6:29	-0.2	7:04	-0.2	7:17	4:55	
26	Sun	1:11	2.3	1:27	2.4	7:26	0.0	7:52	-0.1	7:17	4:55	
27	Mon	2:01	2.2	2:14	2.1	8:23	0.1	8:40	0.0	7:17	4:56	
28	Tue	2:53	2.2	3:04	2.0	9:22	0.2	9:28	0.0	7:18	4:56	
29	Wed	3:49	2.1	4:01	1.8	10:23	0.2	10:19	0.0	7:18	4:57	
30	Thu	4:51	2.1	5:03	1.8	11:21	0.2	11:09	0.0	7:18	4:58	
31	Fri	5:48	2.2	6:00	1.8			12:13	0.1	7:18	4:59	