

Newport News, VA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:39	2.1	1:49	2.2	7:47	0.0	8:13	-0.1	7:18	4:59	
2	Mon	2:27	2.2	2:40	2.1	8:46	0.0	9:06	-0.2	7:19	5:00	
3	Tue	3:23	2.3	3:40	2.1	9:52	0.0	10:05	-0.2	7:19	5:01	
4	Wed	4:28	2.4	4:47	2.0	11:00	-0.1	11:06	-0.3	7:19	5:02	
5	Thu	5:34	2.6	5:54	2.1			12:05	-0.2	7:19	5:03	
6	Fri	6:35	2.8	6:55	2.2	12:07	-0.4	1:06	-0.3	7:19	5:03	
7	Sat	7:34	2.9	7:55	2.3	1:06	-0.5	2:05	-0.4	7:19	5:04	
8	Sun	8:31	3.1	8:52	2.4	2:05	-0.6	3:00	-0.5	7:19	5:05	
9	Mon	9:25	3.1	9:47	2.5	3:02	-0.7	3:51	-0.6	7:19	5:06	
10	Tue	10:16	3.1	10:39	2.5	3:55	-0.7	4:40	-0.6	7:19	5:07	
11	Wed	11:07	3.0	11:32	2.5	4:48	-0.6	5:28	-0.6	7:18	5:08	
12	Thu	11:57	2.8			5:42	-0.5	6:18	-0.5	7:18	5:09	
13	Fri	12:25	2.5	12:47	2.6	6:39	-0.4	7:09	-0.4	7:18	5:10	
14	Sat	1:19	2.4	1:37	2.3	7:38	-0.2	8:00	-0.3	7:18	5:11	
15	Sun	2:12	2.3	2:27	2.1	8:38	-0.1	8:51	-0.2	7:17	5:12	
16	Mon	3:08	2.2	3:21	1.9	9:40	0.0	9:44	-0.1	7:17	5:13	
17	Tue	4:10	2.1	4:22	1.8	10:42	0.1	10:38	-0.1	7:17	5:14	
18	Wed	5:15	2.1	5:26	1.8	11:40	0.1	11:30	-0.1	7:16	5:15	
19	Thu	6:11	2.2	6:21	1.8			12:32	0.0	7:16	5:16	
20	Fri	6:58	2.2	7:10	1.8	12:20	-0.1	1:21	0.0	7:16	5:17	
21	Sat	7:41	2.3	7:55	1.9	1:07	-0.2	2:05	-0.1	7:15	5:18	
22	Sun	8:22	2.4	8:38	2.0	1:52	-0.2	2:46	-0.2	7:15	5:19	
23	Mon	8:59	2.5	9:17	2.1	2:35	-0.3	3:22	-0.2	7:14	5:20	
24	Tue	9:34	2.5	9:54	2.1	3:14	-0.3	3:56	-0.3	7:13	5:21	
25	Wed	10:08	2.5	10:30	2.2	3:52	-0.3	4:27	-0.3	7:13	5:22	
26	Thu	10:42	2.5	11:06	2.2	4:28	-0.3	4:59	-0.3	7:12	5:24	
27	Fri	11:18	2.4	11:44	2.2	5:05	-0.3	5:33	-0.3	7:11	5:25	
28	Sat	11:57	2.4			5:46	-0.2	6:11	-0.3	7:11	5:26	
29	Sun	12:25	2.3	12:39	2.3	6:32	-0.2	6:54	-0.3	7:10	5:27	
30	Mon	1:10	2.3	1:25	2.2	7:24	-0.1	7:42	-0.3	7:09	5:28	
31	Tue	1:59	2.3	2:15	2.1	8:23	-0.1	8:36	-0.3	7:09	5:29	