

Newport News, VA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:38	2.6	1:59	2.3	8:06	0.0	8:16	-0.1	6:36	5:59	
2	Thu	2:35	2.6	2:57	2.2	9:11	0.0	9:20	-0.1	6:35	6:00	
3	Fri	3:40	2.6	4:06	2.2	10:21	0.0	10:31	-0.1	6:33	6:01	
4	Sat	4:56	2.6	5:22	2.2	11:29	0.0	11:40	-0.2	6:32	6:02	
5	Sun	6:07	2.7	6:30	2.4			12:31	-0.1	6:31	6:03	
6	Mon	7:09	2.8	7:31	2.6	12:44	-0.3	1:29	-0.2	6:29	6:04	
7	Tue	8:05	2.9	8:26	2.8	1:45	-0.4	2:22	-0.3	6:28	6:05	
8	Wed	8:56	3.0	9:16	2.9	2:41	-0.4	3:10	-0.4	6:26	6:06	
9	Thu	9:42	3.0	10:03	2.9	3:32	-0.4	3:54	-0.4	6:25	6:07	
10	Fri	10:26	2.9	10:47	2.9	4:19	-0.4	4:35	-0.3	6:24	6:08	
11	Sat	11:08	2.8	11:29	2.8	5:05	-0.3	5:15	-0.3	6:22	6:09	
12	Sun	11:51	2.6			5:50	-0.2	5:56	-0.1	6:21	6:09	
13	Mon	12:12	2.7	12:34	2.4	6:37	0.0	6:39	0.0	6:19	6:10	
14	Tue	12:56	2.6	1:18	2.3	7:26	0.1	7:24	0.1	6:18	6:11	
15	Wed	1:40	2.4	2:03	2.2	8:16	0.3	8:12	0.2	6:16	6:12	
16	Thu	2:27	2.3	2:53	2.1	9:10	0.4	9:05	0.3	6:15	6:13	
17	Fri	3:21	2.2	3:52	2.0	10:08	0.4	10:05	0.3	6:13	6:14	
18	Sat	4:26	2.2	4:58	2.0	11:05	0.4	11:05	0.3	6:12	6:15	
19	Sun	5:32	2.3	5:58	2.1	11:57	0.4			6:10	6:16	
20	Mon	6:26	2.4	6:47	2.3	12:00	0.2	12:43	0.3	6:09	6:17	
21	Tue	7:11	2.5	7:32	2.5	12:51	0.1	1:26	0.2	6:07	6:18	
22	Wed	7:54	2.6	8:14	2.6	1:39	0.0	2:07	0.1	6:06	6:19	
23	Thu	8:34	2.7	8:54	2.8	2:24	-0.1	2:46	0.0	6:04	6:19	
24	Fri	9:14	2.8	9:33	2.9	3:07	-0.1	3:23	-0.1	6:03	6:20	
25	Sat	9:53	2.8	10:13	3.0	3:49	-0.2	4:00	-0.2	6:01	6:21	
26	Sun	10:33	2.8	10:54	3.1	4:30	-0.2	4:39	-0.2	6:00	6:22	
27	Mon	11:16	2.8	11:39	3.1	5:13	-0.2	5:21	-0.2	5:58	6:23	
28	Tue			12:03	2.7	6:02	-0.1	6:09	-0.1	5:57	6:24	
29	Wed	12:29	3.0	12:54	2.6	6:56	0.0	7:03	0.0	5:55	6:25	
30	Thu	1:23	3.0	1:48	2.5	7:56	0.1	8:05	0.0	5:54	6:26	
31	Fri	2:21	2.9	2:48	2.5	8:59	0.1	9:12	0.1	5:52	6:26	