

Newport News, VA - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:26	2.8	6:03	2.8	11:50	0.2			6:11	7:54	
2	Tue	6:35	2.8	7:07	2.9	12:24	0.2	12:47	0.1	6:10	7:55	
3	Wed	7:33	2.8	8:01	3.1	1:25	0.1	1:39	0.1	6:09	7:56	
4	Thu	8:25	2.8	8:50	3.1	2:21	0.1	2:28	0.1	6:08	7:56	
5	Fri	9:13	2.8	9:35	3.2	3:13	0.0	3:14	0.0	6:07	7:57	
6	Sat	9:57	2.8	10:16	3.2	4:00	0.0	3:58	0.0	6:05	7:58	
7	Sun	10:39	2.8	10:54	3.1	4:43	0.0	4:37	0.1	6:04	7:59	
8	Mon	11:18	2.7	11:31	3.1	5:22	0.0	5:15	0.1	6:03	8:00	
9	Tue	11:58	2.7			6:00	0.1	5:51	0.2	6:02	8:01	
10	Wed	12:08	3.0	12:38	2.6	6:37	0.2	6:29	0.3	6:02	8:02	
11	Thu	12:47	2.9	1:20	2.5	7:17	0.3	7:10	0.4	6:01	8:03	
12	Fri	1:28	2.7	2:03	2.4	7:59	0.4	7:57	0.4	6:00	8:03	
13	Sat	2:11	2.6	2:47	2.4	8:43	0.4	8:47	0.5	5:59	8:04	
14	Sun	2:55	2.5	3:33	2.4	9:28	0.4	9:42	0.5	5:58	8:05	
15	Mon	3:43	2.5	4:24	2.4	10:16	0.4	10:40	0.5	5:57	8:06	
16	Tue	4:37	2.4	5:20	2.5	11:06	0.4	11:40	0.4	5:56	8:07	
17	Wed	5:37	2.4	6:16	2.7	11:57	0.3			5:56	8:08	
18	Thu	6:36	2.5	7:08	2.9	12:37	0.3	12:47	0.3	5:55	8:08	
19	Fri	7:29	2.6	7:57	3.1	1:31	0.2	1:36	0.1	5:54	8:09	
20	Sat	8:20	2.7	8:46	3.2	2:24	0.1	2:26	0.0	5:53	8:10	
21	Sun	9:11	2.8	9:35	3.4	3:16	0.0	3:16	-0.1	5:53	8:11	
22	Mon	10:02	2.8	10:25	3.5	4:07	-0.1	4:06	-0.1	5:52	8:12	
23	Tue	10:53	2.9	11:16	3.5	4:56	-0.2	4:56	-0.2	5:51	8:12	
24	Wed	11:44	2.9			5:45	-0.2	5:48	-0.1	5:51	8:13	
25	Thu	12:08	3.5	12:38	2.9	6:37	-0.2	6:43	-0.1	5:50	8:14	
26	Fri	1:03	3.3	1:35	2.8	7:33	-0.1	7:44	0.0	5:50	8:15	
27	Sat	2:00	3.2	2:33	2.8	8:30	0.0	8:50	0.1	5:49	8:15	
28	Sun	2:58	3.0	3:33	2.8	9:28	0.0	9:57	0.1	5:49	8:16	
29	Mon	3:58	2.8	4:37	2.8	10:26	0.1	11:04	0.2	5:48	8:17	
30	Tue	5:03	2.7	5:45	2.9	11:24	0.1			5:48	8:18	
31	Wed	6:09	2.6	6:47	2.9	12:09	0.2	12:19	0.1	5:47	8:18	