

Newport News, VA - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:08	2.5	7:40	3.0	1:09	0.2	1:10	0.1	5:47	8:19	
2	Fri	8:00	2.5	8:27	3.0	2:03	0.1	1:58	0.1	5:47	8:20	
3	Sat	8:47	2.5	9:11	3.1	2:53	0.1	2:45	0.1	5:46	8:20	
4	Sun	9:32	2.6	9:51	3.1	3:40	0.1	3:29	0.1	5:46	8:21	
5	Mon	10:15	2.6	10:29	3.0	4:22	0.1	4:10	0.1	5:46	8:21	
6	Tue	10:55	2.6	11:05	3.0	5:00	0.1	4:48	0.2	5:46	8:22	
7	Wed	11:34	2.6	11:42	2.9	5:35	0.1	5:25	0.2	5:45	8:23	
8	Thu			12:13	2.5	6:10	0.1	6:02	0.3	5:45	8:23	
9	Fri	12:19	2.8	12:53	2.5	6:46	0.2	6:42	0.3	5:45	8:24	
10	Sat	12:58	2.7	1:35	2.5	7:24	0.2	7:26	0.4	5:45	8:24	
11	Sun	1:39	2.6	2:16	2.5	8:03	0.3	8:14	0.4	5:45	8:25	
12	Mon	2:21	2.6	2:59	2.5	8:45	0.3	9:06	0.4	5:45	8:25	
13	Tue	3:05	2.5	3:44	2.5	9:29	0.3	10:01	0.4	5:45	8:25	
14	Wed	3:54	2.4	4:34	2.6	10:17	0.3	11:00	0.4	5:45	8:26	
15	Thu	4:50	2.4	5:31	2.7	11:09	0.2			5:45	8:26	
16	Fri	5:51	2.4	6:29	2.9	12:01	0.3	12:04	0.2	5:45	8:27	
17	Sat	6:51	2.5	7:24	3.1	12:59	0.2	12:59	0.1	5:45	8:27	
18	Sun	7:48	2.6	8:18	3.3	1:56	0.1	1:54	0.0	5:45	8:27	
19	Mon	8:44	2.7	9:12	3.4	2:52	-0.1	2:50	-0.1	5:45	8:28	
20	Tue	9:40	2.8	10:07	3.5	3:47	-0.2	3:46	-0.2	5:46	8:28	
21	Wed	10:35	2.8	11:01	3.5	4:39	-0.2	4:41	-0.2	5:46	8:28	
22	Thu	11:29	2.9	11:54	3.4	5:29	-0.3	5:35	-0.2	5:46	8:28	
23	Fri			12:24	2.9	6:20	-0.2	6:31	-0.2	5:46	8:28	
24	Sat	12:49	3.3	1:21	2.9	7:14	-0.2	7:33	-0.1	5:47	8:29	
25	Sun	1:45	3.1	2:19	2.9	8:09	-0.1	8:37	0.0	5:47	8:29	
26	Mon	2:40	2.9	3:16	2.9	9:04	-0.1	9:41	0.1	5:47	8:29	
27	Tue	3:35	2.7	4:15	2.9	9:58	0.0	10:46	0.2	5:48	8:29	
28	Wed	4:34	2.5	5:19	2.9	10:53	0.1	11:49	0.2	5:48	8:29	
29	Thu	5:38	2.4	6:21	2.9	11:47	0.1			5:48	8:29	
30	Fri	6:39	2.3	7:15	2.9	12:47	0.2	12:39	0.2	5:49	8:29	