

Newport News, VA - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:52	3.4	10:13	2.7	3:30	-0.3	4:20	-0.2	7:00	4:49	
2	Sat	10:41	3.4	11:04	2.7	4:18	-0.3	5:08	-0.2	7:01	4:49	
3	Sun	11:32	3.3	11:59	2.6	5:09	-0.3	6:01	-0.2	7:01	4:49	
4	Mon			12:27	3.1	6:05	-0.2	6:57	-0.1	7:02	4:49	
5	Tue	12:57	2.6	1:23	3.0	7:09	-0.1	7:55	-0.1	7:03	4:48	
6	Wed	1:57	2.6	2:21	2.8	8:16	0.0	8:53	-0.1	7:04	4:48	
7	Thu	3:00	2.6	3:22	2.6	9:25	0.1	9:52	-0.1	7:05	4:48	
8	Fri	4:10	2.6	4:30	2.4	10:35	0.1	10:51	-0.1	7:06	4:48	
9	Sat	5:20	2.7	5:36	2.4	11:39	0.1	11:45	-0.1	7:07	4:49	
10	Sun	6:19	2.8	6:33	2.4			12:38	0.0	7:07	4:49	
11	Mon	7:11	2.9	7:23	2.4	12:36	-0.2	1:32	0.0	7:08	4:49	
12	Tue	7:58	2.9	8:11	2.4	1:25	-0.2	2:22	-0.1	7:09	4:49	
13	Wed	8:40	2.9	8:55	2.4	2:12	-0.2	3:06	-0.1	7:10	4:49	
14	Thu	9:20	2.9	9:37	2.4	2:55	-0.2	3:47	-0.1	7:10	4:49	
15	Fri	9:56	2.8	10:16	2.3	3:35	-0.2	4:24	-0.1	7:11	4:50	
16	Sat	10:32	2.8	10:55	2.3	4:12	-0.1	4:59	-0.1	7:12	4:50	
17	Sun	11:07	2.7	11:35	2.2	4:48	-0.1	5:35	0.0	7:12	4:50	
18	Mon	11:45	2.5			5:25	0.0	6:12	0.0	7:13	4:51	
19	Tue	12:16	2.1	12:24	2.4	6:06	0.1	6:50	0.0	7:14	4:51	
20	Wed	12:58	2.1	1:04	2.3	6:52	0.2	7:30	0.1	7:14	4:52	
21	Thu	1:40	2.1	1:47	2.2	7:42	0.2	8:13	0.1	7:15	4:52	
22	Fri	2:25	2.1	2:33	2.1	8:36	0.2	8:59	0.1	7:15	4:53	
23	Sat	3:15	2.1	3:24	2.0	9:34	0.2	9:50	0.0	7:16	4:53	
24	Sun	4:11	2.2	4:24	2.0	10:37	0.2	10:44	-0.1	7:16	4:54	
25	Mon	5:11	2.4	5:26	2.0	11:37	0.1	11:39	-0.1	7:16	4:54	
26	Tue	6:07	2.5	6:24	2.1			12:34	0.0	7:17	4:55	
27	Wed	7:01	2.7	7:19	2.2	12:32	-0.3	1:29	-0.2	7:17	4:55	
28	Thu	7:53	2.9	8:13	2.3	1:27	-0.4	2:23	-0.3	7:17	4:56	
29	Fri	8:45	3.1	9:06	2.4	2:21	-0.5	3:15	-0.4	7:18	4:57	
30	Sat	9:37	3.1	9:58	2.5	3:14	-0.6	4:04	-0.5	7:18	4:58	
31	Sun	10:27	3.1	10:52	2.5	4:06	-0.6	4:52	-0.5	7:18	4:58	