

Newport News, VA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:20	3.1	11:47	2.5	4:59	-0.6	5:45	-0.5	7:18	4:59	
2	Tue			12:13	2.9	5:56	-0.5	6:38	-0.5	7:19	5:00	
3	Wed	12:43	2.5	1:08	2.7	6:57	-0.4	7:33	-0.4	7:19	5:01	
4	Thu	1:41	2.5	2:02	2.5	8:02	-0.3	8:29	-0.3	7:19	5:01	
5	Fri	2:40	2.4	2:59	2.2	9:07	-0.1	9:25	-0.3	7:19	5:02	
6	Sat	3:45	2.4	4:02	2.1	10:15	-0.1	10:23	-0.3	7:19	5:03	
7	Sun	4:56	2.4	5:10	2.0	11:20	-0.1	11:20	-0.2	7:19	5:04	
8	Mon	5:59	2.4	6:10	1.9			12:19	-0.1	7:19	5:05	
9	Tue	6:52	2.4	7:03	2.0	12:13	-0.2	1:13	-0.1	7:19	5:06	
10	Wed	7:39	2.5	7:51	2.0	1:03	-0.3	2:02	-0.1	7:19	5:07	
11	Thu	8:22	2.5	8:35	2.1	1:50	-0.3	2:46	-0.2	7:18	5:08	
12	Fri	9:01	2.5	9:16	2.1	2:34	-0.3	3:26	-0.2	7:18	5:09	
13	Sat	9:36	2.5	9:55	2.1	3:15	-0.3	4:01	-0.2	7:18	5:10	
14	Sun	10:10	2.5	10:32	2.1	3:52	-0.3	4:34	-0.2	7:18	5:11	
15	Mon	10:44	2.5	11:09	2.1	4:27	-0.2	5:06	-0.2	7:18	5:12	
16	Tue	11:19	2.4	11:46	2.1	5:03	-0.2	5:38	-0.2	7:17	5:13	
17	Wed	11:55	2.3			5:40	-0.1	6:12	-0.2	7:17	5:14	
18	Thu	12:24	2.0	12:33	2.2	6:21	-0.1	6:49	-0.1	7:16	5:15	
19	Fri	1:04	2.0	1:13	2.1	7:07	0.0	7:30	-0.1	7:16	5:16	
20	Sat	1:46	2.1	1:57	2.0	7:58	0.0	8:15	-0.1	7:16	5:17	
21	Sun	2:33	2.1	2:46	1.9	8:55	0.1	9:06	-0.1	7:15	5:18	
22	Mon	3:27	2.1	3:44	1.9	9:58	0.1	10:05	-0.2	7:15	5:19	
23	Tue	4:31	2.2	4:51	1.9	11:05	0.0	11:07	-0.2	7:14	5:20	
24	Wed	5:36	2.4	5:57	1.9			12:08	-0.1	7:14	5:21	
25	Thu	6:37	2.6	6:57	2.1	12:08	-0.4	1:07	-0.3	7:13	5:22	
26	Fri	7:34	2.8	7:55	2.2	1:07	-0.5	2:04	-0.4	7:12	5:23	
27	Sat	8:30	3.0	8:51	2.4	2:06	-0.6	2:58	-0.5	7:12	5:24	
28	Sun	9:23	3.1	9:45	2.5	3:02	-0.7	3:47	-0.6	7:11	5:25	
29	Mon	10:14	3.1	10:37	2.6	3:56	-0.7	4:35	-0.7	7:10	5:27	
30	Tue	11:05	3.0	11:29	2.6	4:48	-0.7	5:23	-0.6	7:09	5:28	
31	Wed	11:55	2.8			5:43	-0.6	6:13	-0.6	7:09	5:29	