

Newport News, VA - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:34	2.9	11:59	2.9	5:27	-0.5	5:45	-0.4	6:36	5:59	
2	Fri			12:23	2.7	6:21	-0.3	6:34	-0.3	6:35	6:00	
3	Sat	12:51	2.8	1:13	2.5	7:18	-0.2	7:25	-0.2	6:34	6:01	
4	Sun	1:43	2.6	2:03	2.3	8:16	0.0	8:19	-0.1	6:32	6:02	
5	Mon	2:36	2.5	2:57	2.1	9:16	0.1	9:15	0.1	6:31	6:03	
6	Tue	3:37	2.3	4:00	2.0	10:18	0.2	10:16	0.1	6:30	6:04	
7	Wed	4:48	2.2	5:09	2.0	11:19	0.3	11:16	0.2	6:28	6:05	
8	Thu	5:52	2.3	6:09	2.0			12:12	0.2	6:27	6:06	
9	Fri	6:44	2.3	6:59	2.2	12:10	0.1	1:00	0.2	6:25	6:06	
10	Sat	7:28	2.4	7:44	2.3	1:00	0.1	1:43	0.1	6:24	6:07	
11	Sun	8:08	2.5	8:25	2.4	1:47	0.0	2:23	0.1	6:22	6:08	
12	Mon	8:45	2.6	9:03	2.5	2:30	-0.1	2:59	0.0	6:21	6:09	
13	Tue	9:20	2.6	9:38	2.6	3:10	-0.1	3:31	-0.1	6:20	6:10	
14	Wed	9:54	2.6	10:12	2.7	3:46	-0.1	4:02	-0.1	6:18	6:11	
15	Thu	10:28	2.6	10:46	2.7	4:21	-0.1	4:33	-0.1	6:17	6:12	
16	Fri	11:03	2.6	11:22	2.7	4:57	-0.1	5:06	-0.1	6:15	6:13	
17	Sat	11:40	2.5			5:35	0.0	5:42	0.0	6:14	6:14	
18	Sun	12:01	2.7	12:21	2.5	6:18	0.0	6:24	0.0	6:12	6:15	
19	Mon	12:45	2.7	1:07	2.4	7:07	0.1	7:14	0.0	6:11	6:16	
20	Tue	1:34	2.7	1:57	2.3	8:03	0.2	8:10	0.1	6:09	6:17	
21	Wed	2:29	2.7	2:55	2.3	9:06	0.2	9:15	0.1	6:08	6:17	
22	Thu	3:33	2.7	4:03	2.3	10:14	0.2	10:26	0.0	6:06	6:18	
23	Fri	4:46	2.7	5:16	2.4	11:21	0.1	11:36	0.0	6:05	6:19	
24	Sat	5:57	2.8	6:23	2.6			12:21	0.0	6:03	6:20	
25	Sun	6:59	3.0	7:23	2.8	12:40	-0.2	1:18	-0.1	6:02	6:21	
26	Mon	7:56	3.1	8:18	3.1	1:41	-0.3	2:11	-0.2	6:00	6:22	
27	Tue	8:49	3.1	9:10	3.2	2:39	-0.4	3:01	-0.3	5:59	6:23	
28	Wed	9:38	3.1	9:59	3.3	3:32	-0.4	3:48	-0.3	5:57	6:24	
29	Thu	10:26	3.1	10:47	3.3	4:21	-0.4	4:32	-0.3	5:56	6:24	
30	Fri	11:12	2.9	11:34	3.2	5:10	-0.3	5:16	-0.2	5:54	6:25	
31	Sat	11:59	2.8			6:00	-0.1	6:02	-0.1	5:53	6:26	