

Newport News, VA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:38	2.5	3:15	2.5	8:59	0.3	9:30	0.5	5:49	8:29	
2	Mon	3:22	2.4	4:00	2.5	9:42	0.3	10:24	0.5	5:50	8:29	
3	Tue	4:11	2.3	4:51	2.6	10:28	0.3	11:22	0.4	5:50	8:29	
4	Wed	5:07	2.2	5:47	2.7	11:19	0.3			5:51	8:29	
5	Thu	6:07	2.3	6:42	2.8	12:19	0.4	12:13	0.2	5:51	8:28	
6	Fri	7:04	2.3	7:34	3.0	1:13	0.3	1:06	0.2	5:52	8:28	
7	Sat	7:58	2.4	8:25	3.2	2:06	0.1	2:00	0.1	5:52	8:28	
8	Sun	8:51	2.6	9:17	3.3	2:59	0.0	2:54	0.0	5:53	8:28	
9	Mon	9:44	2.7	10:09	3.4	3:50	-0.1	3:49	-0.1	5:53	8:27	
10	Tue	10:37	2.8	11:00	3.4	4:39	-0.2	4:42	-0.2	5:54	8:27	
11	Wed	11:28	2.9	11:52	3.4	5:27	-0.2	5:35	-0.2	5:55	8:27	
12	Thu			12:21	3.0	6:16	-0.2	6:30	-0.1	5:55	8:26	
13	Fri	12:44	3.3	1:16	3.0	7:07	-0.2	7:30	-0.1	5:56	8:26	
14	Sat	1:39	3.1	2:13	3.0	8:00	-0.1	8:34	0.0	5:56	8:26	
15	Sun	2:34	2.9	3:09	3.0	8:55	-0.1	9:38	0.1	5:57	8:25	
16	Mon	3:30	2.7	4:09	3.0	9:50	0.0	10:44	0.2	5:58	8:25	
17	Tue	4:30	2.6	5:14	3.0	10:47	0.1	11:49	0.2	5:59	8:24	
18	Wed	5:36	2.5	6:20	3.0	11:45	0.1			5:59	8:23	
19	Thu	6:41	2.4	7:18	3.0	12:49	0.2	12:41	0.1	6:00	8:23	
20	Fri	7:38	2.5	8:09	3.0	1:45	0.2	1:35	0.1	6:01	8:22	
21	Sat	8:30	2.5	8:56	3.0	2:37	0.2	2:26	0.2	6:01	8:22	
22	Sun	9:18	2.6	9:39	3.0	3:24	0.2	3:15	0.2	6:02	8:21	
23	Mon	10:03	2.6	10:18	3.0	4:07	0.1	4:00	0.2	6:03	8:20	
24	Tue	10:43	2.7	10:54	3.0	4:45	0.1	4:40	0.2	6:04	8:20	
25	Wed	11:22	2.7	11:30	2.9	5:20	0.1	5:19	0.2	6:05	8:19	
26	Thu			12:00	2.7	5:52	0.1	5:56	0.3	6:05	8:18	
27	Fri	12:06	2.9	12:37	2.7	6:25	0.2	6:35	0.3	6:06	8:17	
28	Sat	12:43	2.8	1:16	2.7	6:58	0.2	7:16	0.4	6:07	8:16	
29	Sun	1:22	2.7	1:55	2.7	7:34	0.3	8:02	0.5	6:08	8:16	
30	Mon	2:02	2.6	2:35	2.7	8:12	0.3	8:51	0.5	6:09	8:15	
31	Tue	2:44	2.5	3:18	2.7	8:55	0.3	9:43	0.5	6:09	8:14	