

Newport News, VA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:30	2.4	4:06	2.8	9:42	0.4	10:40	0.5	6:10	8:13	
2	Thu	4:24	2.4	5:02	2.8	10:36	0.3	11:41	0.5	6:11	8:12	
3	Fri	5:26	2.4	6:04	3.0	11:35	0.3			6:12	8:11	
4	Sat	6:30	2.4	7:04	3.1	12:41	0.4	12:36	0.2	6:13	8:10	
5	Sun	7:30	2.6	8:01	3.3	1:38	0.2	1:35	0.1	6:13	8:09	
6	Mon	8:27	2.8	8:56	3.5	2:33	0.1	2:34	0.0	6:14	8:08	
7	Tue	9:23	2.9	9:50	3.6	3:27	0.0	3:32	-0.1	6:15	8:07	
8	Wed	10:18	3.1	10:43	3.6	4:17	-0.1	4:28	-0.1	6:16	8:06	
9	Thu	11:10	3.3	11:34	3.5	5:05	-0.2	5:22	-0.2	6:17	8:05	
10	Fri			12:02	3.3	5:53	-0.2	6:17	-0.1	6:18	8:04	
11	Sat	12:26	3.4	12:56	3.4	6:42	-0.1	7:15	0.0	6:18	8:02	
12	Sun	1:19	3.2	1:52	3.3	7:33	-0.1	8:17	0.1	6:19	8:01	
13	Mon	2:13	3.0	2:48	3.3	8:28	0.0	9:20	0.2	6:20	8:00	
14	Tue	3:08	2.8	3:45	3.2	9:23	0.2	10:24	0.3	6:21	7:59	
15	Wed	4:06	2.6	4:48	3.1	10:21	0.3	11:28	0.4	6:22	7:58	
16	Thu	5:12	2.5	5:57	3.0	11:21	0.3			6:23	7:57	
17	Fri	6:20	2.5	6:58	3.0	12:29	0.4	12:20	0.4	6:23	7:55	
18	Sat	7:19	2.6	7:49	3.0	1:23	0.4	1:15	0.4	6:24	7:54	
19	Sun	8:10	2.7	8:34	3.1	2:13	0.4	2:06	0.4	6:25	7:53	
20	Mon	8:56	2.8	9:15	3.1	2:58	0.3	2:54	0.4	6:26	7:51	
21	Tue	9:39	2.8	9:53	3.1	3:39	0.3	3:38	0.3	6:27	7:50	
22	Wed	10:18	2.9	10:28	3.1	4:15	0.3	4:19	0.3	6:28	7:49	
23	Thu	10:55	3.0	11:03	3.1	4:48	0.3	4:56	0.3	6:28	7:47	
24	Fri	11:29	3.0	11:37	3.0	5:19	0.3	5:32	0.4	6:29	7:46	
25	Sat			12:04	3.0	5:49	0.3	6:08	0.4	6:30	7:45	
26	Sun	12:12	2.9	12:40	3.0	6:19	0.3	6:46	0.5	6:31	7:43	
27	Mon	12:49	2.8	1:17	3.0	6:53	0.4	7:29	0.5	6:32	7:42	
28	Tue	1:29	2.8	1:57	3.0	7:31	0.4	8:16	0.6	6:32	7:41	
29	Wed	2:12	2.7	2:41	3.0	8:16	0.5	9:08	0.6	6:33	7:39	
30	Thu	2:59	2.6	3:30	3.0	9:06	0.5	10:06	0.6	6:34	7:38	
31	Fri	3:52	2.6	4:27	3.1	10:03	0.5	11:10	0.6	6:35	7:36	